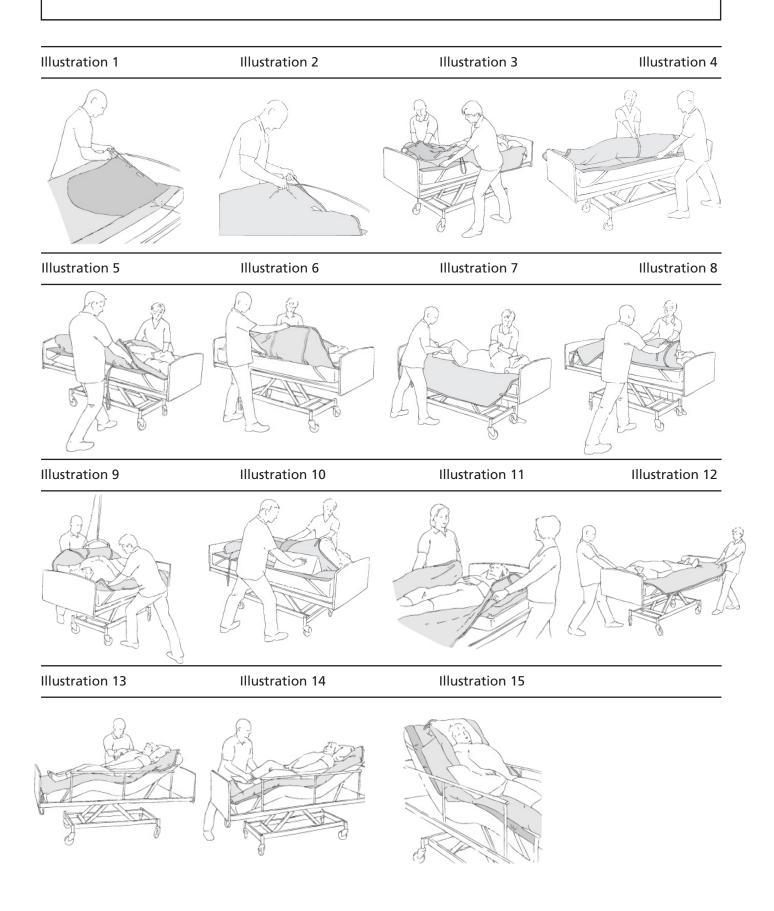
# 4Way Glide LPL, 4Way Glide LPL Maxi



Instruction for Use



# Illustrations



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### General

Thank you for choosing an Etac product.

To avoid accidents and injury when moving and handling the products, read the manual carefully.

The person described as "the user" in this Instruction for Use is the person who is lying or sitting on the product. The assistants are the people who manoeuvre the product.



This symbol appears alongside the text in the manual. It draws the reader's attention to points at which there may be a risk to the health and safety of the or assistant.

The products comply with the standards applicable for Class 1 products in the European Council Directive MDD 93/42/EEC on medical devices.

#### Batch no:

х	х	х	х	х	х	х	х	х	х
Production year		Running	number						

At Etac we strive to improve our products all the time and therefore we reserve the right to make changes to products without prior warning. All measurements given on illustrations and similar material are for guidance only and Etac cannot be held liable for errors and defects.

The information given in this manual, including recommendations, combinations and sizing, does not apply to special orders and modifications. If the customer makes adjustments, repairs or combinations not predetermined by Etac, the Etac CE certification and Etac warranty will be voided. If in doubt, please contact Etac.

Warranty: Two-year warranty on material and manufacturing defects, provided that the product is used correctly.

For further information on the Etac transfer range, see www.etac.com.

The product can be scrapped in accordance with national regulations.

# **Symbols**



Washing



Handwash



Wipe off



Tumbledry



Keep out of the sun







Do not bleach



Risk of sliding down



Never leave on the floor



Warning



Read the User Manual



Batch no./Lot no.



440 User mass limit = maximum rated load



The product can be scrapped in accordance with national regulations



Manufacturer



Class 1 - European Council Directive MDD 93/42/EEC on medical devices

### Intended use

The 4Way Glide LPL is a glide system which makes it easy for assistants to move and position a user in a bed.

Turning in bed, transfer in bed, Repositioning in bed, transfer between 2 beds or operational theatre

### Intended enviroment

Acute care, Long-term care, Home care

# Practical handling

#### **Positioning**

Place the 4Way nylon sheet with locking system on the bed. The "this side up" label should be at the head end (Illustration 1). Lock the glide system so that the non-slip material is visible.

Fit the 4Way Glide LPL. If required, fit the corner straps around the mattress corners (Illustration 2).

Position the user in the bed.

The product can be postioned under the user if he/she is permanently bedridden - use the same method as for changing sheets.

#### Use

To unlock the glide system: One assistant on each side grasps the functional handles attached to the glide mattress hanging at the foot end and pulls them slowly upwards towards the head end (Illustration 3). When the assistants feel resistance, they must stop pulling. Then one assistant grasps the functional handles on the opposite side of the glide system, and the other assistant helps pull the locking system up past the hip area (Illustration 4). The assistants then do the same on the opposite side. The glide system is now unlocked and the user can be moved in all directions by pulling on the functional handles at the shoulders and hips (Illustration 5).

When the assistants have finished turning the user, the glide system must be relocked (Illustration 6).

If possible, bend the users legs (Illustration 7).

The assistants can then move the user into the side position using weight transference (Illustration 8).

#### Alternative turning method

Attach the functional handles of the 4Way Glide LPL to the lift. The user can be turned into the side position by raising the lift. The assistants can either push down on the glide mattress or pull on the handles, turning the user in the middle of the bed (Illustration 9).

#### Positioning

If the user is to remain in the side position after bath/care, the users back (or other parts of the body) can be supported using a positioning wedge or pillow (Illustration 10).

After moving the user, it will often be beneficial to smooth the glide system under the user. To do this, pull diagonally on the corners, preferably one layer at a time (Illustration 12).

#### Sliding down

Unlock the glide mattress (Illustrations 3 and 4). The assistant grasps the straps under the user at the shoulders (and hips, if necessary) and then slowly pulls the user upwards using weight transference (Illustration 11).

#### Raising the bedhead

Lock the glide mattress by pulling the functional handles towards the foot end. This can be done by both assistants at one time (Illustration 6). The bedhead can now be raised, without the user sliding down. If reduced freedom of movement in the upper body is required in the seated position, you can lock the glide system at both sides at the shoulders by fitting corner straps around the mattress.

#### The "5 smiles" technique

To ensure the most comfortable position (seated or lying), it is imperative that the assistants remove any tension on the skin occurring when the users head or feet are raised. Loosen the shoulder blades (Illustration 13) one at a time. Loosen the legs (Illustration 14) one at at time. Finally, the assistants ensure that the users pillow is positioned correctly – remove the pillow, shake/plump and replace.

#### Seated position

Once the assistant has ensured that any tension on the skin is released, the assistant can support the user in the seated position with positioning wedges or pillows (Illustration 15).

### **Notice**

#### Special features

Always check the product before use and after washing.

Never use a defective product. If the product shows signs of wear-and-tear, it must be scrapped.

Read these instructions carefully.

It is important that assistants receive instruction in manual handling. Etac offers advice and training for assistants. For further information, contact Etac.

Always use the correct manual handling techniques

Encourage the user to assist where possible.

To ensure that the client feels safe and that every manual handling is smooth, always plan the manual handling in advance.



There is a risk that the user may slide off. Never leave the user alone on the edge of the bed.



Never leave a 4Way Glide LPL or nylon sheet on the floor.



Always make a risk assessment, and secure that the assistive product can be used at the individual user and in combination with other devices that it is safe for the user and caregivers.



It is recommended that the guard rail is in place when the user is left on the glide system, unless a risk assessment has found that the user can be safely left on the glide system without the need of guard rails.



Always lock the glide system when you have completed the transfer.



Do not use the 4Way as a sling.



To reduce sliding to the side if the head end is elevated fit the corner straps around the bed mattress.

If in any doubt - please contact Etac.

### **Materials**

Top side: 65% polyester and 35% cotton (green) or 100% polyurethane (grey). Fill: 100% polyester (fibre). Backside: 100% polyester. Handles: polyester.

## Cleaning

The product should be checked regularly, preferably each time it is used, and especially after wash.

Check that there is no damage to seams or fabric.



Never try to repair a product yourself. Never use a defective product.

#### Washing instructions:

Do not use fabric softener.

Can be wiped off with disinfectant (polyurethane surface).



# **Articles**

Article no.	Description	Size (mm)
IM140/200LPL	Glide mattress with non-slip locking system, cotton/polyester, green	W1400 x L2000
IM140/200LPLG	Glide mattress with non-slip locking system, polyurethane, grey	W1400 x L2000
IM180/200GLPL	Glide mattress with non-slip locking system, polyurethane, grey	W1800 x L2100
IM180/200LPL	Glide mattress with non-slip locking system, green, Maxi	W1800 x L2100
IM4300	4wayGlide Set, 3xLock (IM140/200 LPL + IM85/2003LPL)	
IM4309	4wayGlide Set, 1xLock (IM140/200 LPL + IM85/200LPLNS)	

# Combinations

Article no.	Description	Size (mm)
IM53NS	Positioning wedge with non-slip cover	W300 x H200 x L530
IM53/80NS	Positioning wedge with non-slip cover	W300 x H200 x L800
IM140/200PU	Waterproof cotton sheet	W1400 x L2100
IM85/2003LPL	Nylon sheet with 3 x non-slip locking system	B850 x L2000
IM85/200LPL	Nylon sheet with non-slip locking system	B850 x L2000
IM85/200LPLNS	Nylon sheet with non-slip along edge + non-slip locking system	W850 x L2000
IM110/200LPLNS	Nylon sheet with non-slip + non-slip locking system, Maxi	W1100 x L2000

### Service Information

**Thank you for choosing an Etac product.** If the customer makes adjustments, repairs or combinations not predetermined by Etac, the Etac CE certification and Etac warranty will be voided.

**Warranty:** Two-year warranty on material and manufacturing defects, provided that the product is used correctly. Before taking a product in service always make a risk assessment according to national and/or local legislation.

#### First inspection:

- Is the packaging intact?
- Read the label on the packaging and check the article no. and product description
- Check that Short Instruction is enclosed updated User Manual/Instruction for use can be downloaded from www.etac.com or contact your Etac Customer Service or the local distributor.
- Check the label on the product does it include article no., product description, lot/batch no., cleaning instructions and supplier name?

#### **Periodic Inspection:**

- Make sure that your Manual transfer system always is in a perfect condition.
- After wash always check materials, stitching, handles, buckles.
- If the product shows signs of wear and tear, it must be removed from service immediately.
- Lot no/Batch no:

х	х	х	х	х	х	х	х	х	х	
Production year		Running number								



#### Visual inspection/Check the product:

Ensure that the materials, seams, stitching, handles, buckles are intact/faultless.



#### Stability test:

Try to bend the product verify that it feels firm, stable and solid.



#### Mechanical load or stress/Test handles:

Draw hard in the handles in opposite directions and control the material, seams and stitching. Test buckles:

Lock the buckle and draw in opposite directions, control the buckle and the stitching.

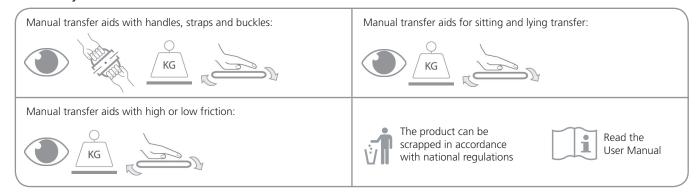


#### Test low/high friction:

Place the product on a firm surface or a bed, place your hands on the material and test the friction by pushing your hands down into the product.

Low friction – slides effortlessly High friction – no sliding/moving

#### Check always:



If in doubt, please contact Etac Customer Service or local distributor for more information and guidance. For more information about training and the use of these products, contact the Etac transfer experts – www.etac.com.



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