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| https://www.westsussexcpd.co.uk/_images/14106/Care%20Act/The_Care_Certificate.jpg | ***Learner Resource***  ***Question Workbook*** |
| **Care Certificate Question Workbook – Standard 15** | |

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| --- | --- |
| **Name of Care Worker:** |  |
| **Start Date:** |  |
| **Completion Date:** |  |

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**Contents**

The Care Certificate for Adult Social Care Workers 1

Introduction 1

Developing Knowledge, Skills and Behaviours 1

Assessment 2

Key Terminology 2

Standard 15 - Infection Prevention and Control 3

# The Care Certificate for Adult Social Care Workers

## Introduction

Welcome to the Care Certificate Question Workbook for Standard 15. This sets out a series of questions that you need to complete to demonstrate that you have the knowledge, skills and behaviours of an effective Care Worker within Adult Social Care.

The details you provide in this Workbook will be used by your Assessor to determine if you meet the requirements set out in the Standard. There may be times that your Assessor will come back to you and ask for some more information or further details to demonstrate your knowledge, skills and behaviours.

## Developing Knowledge, Skills and Behaviours

You may be an experienced Care Worker or new to a care giving role, but it is essential that you develop and keep your knowledge, skills and behaviours up-to-date to ensure we provide quality service user focussed care services.

We have made available a range of learning resources and eLearning to help you develop and aid the completion of the Care Certificate. These can be accessed on the **Induction Hub for new Care Workers** is available on ASC LeadER ([www.ascleader.co.uk](http://www.ascleader.co.uk)).

Although the majority of learning resources and eLearning are available for those without an ASC LeadER Account, it is recommended that Care Workers create an account. This provides a broader range of services and learning resources.

Care Workers can request an ASC LeadER account on the following link - <https://www.ascleader.co.uk/login/signup.php?>, or by clicking the *Login* button at the top of the screen and then clicking the *Create new account* button. Account requests are validated by the Social Care Academy and approval is normally given within 24 hours.

## Assessment

This Workbook will be assessed by a nominated person that has experience and competence of working in the Adult Social Care Sector.

* Within the East Riding of Yorkshire Council, this will be carried out by an Assessor from the Social Care Academy.
* In the Independent Care Sector this may be a Trainer, Champion or Manager appointed by the provider. You need to discuss this with your Senior or Manager and they will advise who will support you.

# Key Terminology

The following key terms are used throughout the Care Certificate Assessment.

|  |  |
| --- | --- |
| **Term** | **Details** |
| Demonstrate | This means to show how a task is completed in the course of real work or a simulated activity |
| Describe | This means to create a picture with words but not simply writing a list of bullet points |
| List | This means to identify the main points which can be written as bullet points |
| Explain | This means you will need to provide a clear account of your understanding, including details like why and how. |
| Define | This means to provide a definition, **in your own words**, to demonstrate your understanding. |
| Identify | This means to point out, highlight or note down the main answers or examples that relate to the subject. |
| Summarise | This means to think about the main points and simplify or shorten these points to provide a basic outline. |

**Note:** Please ensure you refer to and follow the above terminology guidelines when completing your answers to the activity questions.

# Standard 15 - Infection Prevention and Control

**Activity 15.1a:** In order to prevent the spread of infection you need to know how harmful organisms (pathogens) can get into the body. **Describe** the three main ways an infection can get into the body:

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**Activity 15.1c:** Workers have an important role in preventing infection spread, not only because they can spread pathogens between individuals but also because they can host or carry a pathogen. Therefore workers should practise good personal and hand hygiene. Think of someone you support and use **three** examples to **explain** how your own health or hygiene might pose a risk to this individual. Some of these headings may help you to complete your answer.

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| **Illness** |
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| --- |
| **Clothing** |
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| --- |
| **Personal hygiene** |
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| --- |
| **Skin health** |
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| --- |
| **Hand hygiene** |
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**Activity 15.1d**: The law says individuals should be provided with the correct materials and equipment to protect them from injury and, as far as possible, from the risk of infection while at work. Complete the table below to **list** 5 examples of common types of personal protective clothing (PPE), equipment and procedures and how and when to use them.

| **Type of PPE, equipment or procedure** | **How and when you have to use it?** |
| --- | --- |
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**Activity 15.1e:** Handling infected waste and soiled linen in agreed ways can help to prevent the spread of pathogens. **Explain** how to deal with soiled linen and clinical waste in a safe way.

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| --- | --- |
| **Actions to prevent the spread of pathogens when handling soiled linen…** | **Actions to prevent the spread of pathogens when disposing of clinical waste…** |
|  |  |