

East Riding Learning Disability Speak Up Group

13th October 2023

	<p>8 people attended. This included 2 members of staff and 2 guest speakers.</p>
	<p>We spoke about Hull fair. People talked about visiting the fair during the week.</p>
	<p>The group talked about what they liked about the fair. Food, Colours, Music, Seeing people enjoying themselves, The atmosphere.</p>
	<p>Voiceability came to speak to the group about Advocacy and Self-Advocacy</p>
	<p>They talked about the different advocates roles they have at Voiceability. They talked about when you might need an advocate.</p>

	<p>Voiceability are looking for volunteer advocates. They shared leaflets about how people can get involved.</p>
	<p>They also shared leaflets about advocacy.</p>
	<p>The group had a conversation about when someone might need an advocate. Living arrangements and independence were discussed.</p>
	<p>“Support me when I ask, not all the time.”</p>
	<p>Many people in the group agreed that they need help with money, maths and filling in forms.</p>

	<p>An issue was raised. When someone does not have a named support worker, other colleagues have to go above and beyond to advocate for people. This usually means these colleagues have to work outside of their job role.</p>
	<p>“Why do you come to these meetings? What are the things that matter to you?”</p>
	<p>The group was told about the Local Account. This is a report that is written each year about Adult Social Care and what it has achieved.</p>
	<p>As part of the Local Account for 2023, Adult Social Care want to hear people’s ideas on what we should prioritise.</p>
	<p>This question also applies to the renewing the Learning Disability Strategy for 2024.</p>

	<p>Independence, Transport and Housing were discussed as important topics for the group</p>
	<p>“I love meeting different people.” Social opportunities are discussed at Speak Up Groups. Many attendees enjoy events like the RED nightclub sessions or Friendly Faces (Hull)</p>
	<p>“to get a paid job is my dream. “I want a house so that family can stay over. I want money to buy a house.”</p>
	<p>People talked about their paid roles and volunteer roles and why it was important to them.</p>
	<p>Paid employment, “Treating my mum. Doing things for myself”</p>
	<p>Paid Employment, “Talking to staff and people keeping me company”</p>

	<p>The group were asked about their thoughts on growing older.</p>
	<p>“Get a dog when I retire” – (there was lots of interest in getting a dog and looking at pictures of dogs)</p>
	<p>Aches and pains. Arthritis. Getting worn out. Slowing down.</p>
	<p>One member of the group mentioned wanting to do a sponsored walk. This has been mentioned previously at Speak Up Groups. This can be raised at the Learning Disability Partnership Board to see if anyone else might be interested.</p>
	<p>Next meeting is on Friday 8th December 2023, 1pm to 3pm. Email or telephone Peter To book a place Peter.measures@eastriding.gov.uk 07866987824</p>