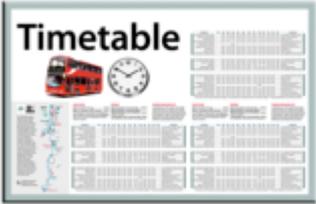


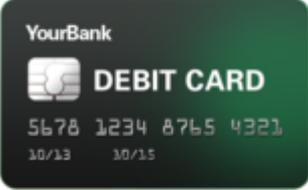
## Learning Disability Speak Up Group - 18th August 2023

	<p>11 people attended. This included 5 members of staff.</p>
	<p>An attendee shared tips on Fire Safety. They told the group about an open day that they had attended. They showed the group a leaflet and talked through the tips.</p>
	<p>Transport was a big topic of conversation.</p>
	<p>Attendees talked about buses, bus passes and timetables.</p>
	<p>Bus ticket prices are going up in September 2023. Train fares are also going up.</p>
	<p>The bus from Hornsea to Withernsea takes 90 minutes. Someone asked if this was a seasonal bus. The group didn't know. The attendee goes to Men in Sheds in Hornsea as there is no Men in Sheds in Withernsea.</p>

	<p>Rail strikes had stopped people from getting to their jobs.</p>
	<p>The group agreed that dropping the time restrictions on free travel passes would be very helpful.</p>
	<p>Goole has a town bus that does a circle of the of town.</p>
	<p>“Is lack of access to travel in breach of the Equality Act 2010?”</p>
	<p>“meeting different people in different places is important.”</p>
	<p>Bus services do not allow travel after certain hours during an evening.</p>

	<p>There are less buses outside of peak times.</p>
	<p>Waiting for buses in difficult weather is horrible</p>
	<p>An attendee was waiting for a bus which never came. They ended up walking from Bransholme to Hull. It took them 4 hours.</p>
	<p>"I don't like having to rely on other people. I use the little independence I have. It was the option that involved not admitting I needed help."</p>
	<p>Road safety concerns</p>
	<p>Ticket Box at Beverley Train station is closing down soon. A member of staff will be there to help.</p>

	<p><b>Cashless Council was another topic of conversation</b></p>
	<p>"the older generation can't use cards"</p>
	<p>"What about people with no maths or money skills" Better money management skills needed</p>
	<p>"I don't associate online money with real money"</p>
	<p>"It's going to be detrimental"</p>
	<p>"Family support me with my money stuff"</p>

	<p>"I pay by cash"</p>
	<p>"I'm strong at adding up and using cash. I'd help someone if they were getting stuck and wanted help. I might get stuck on bills. But cash and money I can do. I practice adding up all the time."</p>
	<p>"I've got stronger with my words from coming to these meetings. Sue helps me a lot."</p>
	<p>"I wouldn't want a card. I couldn't trust myself. I don't understand it."</p>
	<p>"My carers help. I just do cash."</p>

	<p><b>Communication and staying connected - topic of conversation</b></p>
	<p>"Covid got to me really bad. I couldn't see my family. I couldn't see my brother during covid. I cried when I finally got to see him. It depends what I'm doing with staff for how often I see him now. Staff support me to do what I want."</p>
	<p>RED nightclub sessions were mentioned</p>
	<p>Friendly Faces, Walton Street, Hull - a fortnightly social gathering. Attendees shared ideas about how Friendly Faces could have better wheelchair access.</p>



The group talked about what kind of activities and sessions you can do over video call. "Men in sheds, can't do that over video call."



"Video calls are not quite real. It's not meat space."



"I don't have a computer. It upsets me when people assume I have a computer. I have a phone that's just a phone [not a smartphone]"



The group talked about gigs and live music

	<p>Discussion about Voiceability.</p>
	<p>Voiceability were going to visit this session but were not able to. They will come to talk to the group next time.</p>
	<p>The group was asked what might help them if someone came to talk to them.</p>
	<p>The group said:</p> <ul style="list-style-type: none"> <li>• Welcome Pack</li> <li>• Introduce themselves</li> <li>• Presentation</li> <li>• Booklet - something simple</li> <li>• Pictures of people's faces</li> <li>• Written down</li> <li>• Handout</li> </ul>

	<p><b>The group gave feedback on some Easy Read documents, a mental capacity act easy read, a care act easy read and a care act fact sheet.</b></p>
	<p>When we looked at the Mental Capacity Act Handout we had a good discussion about choices, supporting people and awareness.</p>
	<p>One attendee said they like the grid on the easy read sheets. They like it when it is one picture for one sentence with the grid to separate pictures and sentences.</p>
	<p>"What does eligibility threshold mean?"</p>
	<p>"Pictures are distracting"</p>

	<p>Care Act Fact sheet - is "60 years" bit relevant to the person reading. "You could delete the entire third line and it wouldn't change the meaning."</p>
	<p>Punctuation errors throughout</p>
	<p>"What does Preventative mean?"</p>
	<p>"What is multi-agency approach?"</p>
	<p>An attendee expressed that the sharing of the Easy Read documents slowed conversation.</p>
	<p>"No Easy Read sheet is going to be perfect for everyone. Just give it a go and adjust it as needed [after it has been made public]"</p>
	<p>An attendee suggested that lunch should be provided with the speak up group</p>

	Actions
	<b>FIND DIGITAL VERSION OF FIRE SAFETY LEAFLET TO SHARE AT THE NEXT LEARNING DISABILITY PARTNERSHIP BOARD</b>
	<b>CONTACT ACTIVE WITHERNSEA TO ASK ABOUT MEN IN SHEDS</b>
	<b>SHARE FREE DISABLED TRAVEL PASS LEAFLET</b>
	<b>SHARE GIG BUDDIES DETAILS -</b> <a href="https://www.hullred.co.uk/gig-buddies-hull">https://www.hullred.co.uk/gig-buddies-hull</a>
	<b>Find info on Friendly Faces – Walton Street, Hull -</b> <a href="https://www.facebook.com/FriendlyFacesHull/">https://www.facebook.com/FriendlyFacesHull/</a>