

22nd April 2024

Inclusion North News



Inclusion North will share an important news story and tell you about their own work here every two weeks.



My name is Beth. I am the Hub Coordinator for Inclusion North. It is my job to make sure the Hub runs smoothly.

The Hub employs people with lived experience including people with a learning disability, autistic people and family members.

They take part in lots of different types of work including:



Care (Education) and Treatment Reviews which are also called C(E)TRs

C(E)TR's are for autistic people and people with a learning disability who might be in hospital or at risk of going in to hospital because of their mental health.



People with lived experience are an important part of the C(E)TR panel. They bring their own experience, knowledge and skills to help review a person's care.



They make sure that the care they get helps them to keep safe and well.

Experts by Experience also do training and reading to make sure their knowledge and skills are up to date.

Last year we did anti-racism training and looked at the new C(E)TR policy and guidelines.



We also have group check in meetings to share updates and ideas. Experts can share advice and get support from each other.

Experts also get involved in different work. This includes things like:

- updating the My C(E)TR Planner that helps give people a voice in their C(E)TR
- delivering The Oliver McGowan Mandatory Training live webinars.



My job involves:

- Setting up the events
- Sending out the invites
- Recording who has attended



The Experts in the Hub do some amazing work!