

# 29th September 2023

## Inclusion North News

September

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Inclusion North will share an important news story and tell you about their own work here every two weeks.

My name is Beth. I am the Hub Coordinator for Inclusion North. I have been doing this job since February 2023.



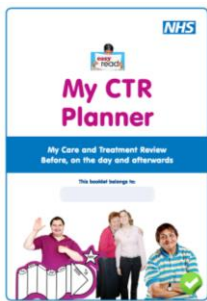
My job is to support Experts by Experience in our Expert Hub who attend Care (Education) and Treatment Reviews.

Some people with a learning disability and autistic people have a Care (Education) and Treatment Review to check they are safe and getting good quality care in hospital or in the community.

I am working with a group of Experts by Experience to check the 'My C(e)TR Planner' to see if any of it needs changing.

The My C(e)TR Planner is used by people who are going to have a Care (Education) and Treatment Review.

NHS England have asked us to look at it to see if any of it needs changing.





The group has met a couple of times and have lots of ideas about how to make the C(e)TR planner work for people who will use it.



We hope that the new version will be easier to use and will help people to plan for their Care (Education) and Treatment Reviews.

The planner will look at:

- what is important to people
- what they want
- how they feel



We hope the planner will help everyone understand what the person needs to be safe, well and live a good life in the community.



We hope that it will help people to have a voice and to speak up in their Care (Education) and Treatment Review.



When it is finished, the new 'My C(e)TR Planner' will be used across the country to help people with a learning disability and autistic people to plan for their Care (Education) and Treatment Review.