

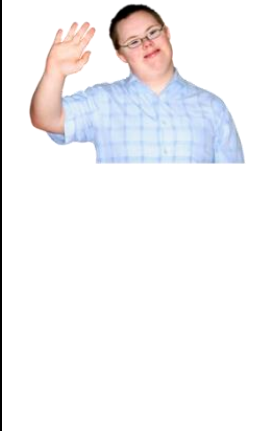




# East Riding of Yorkshire Learning Disability Partnership Board

## 30<sup>th</sup> August 2023 10am – 2pm

	<p><b>People who came to the meeting</b></p> <table border="0"> <tr><td>Sandy Marshall</td><td>Inclusion North</td></tr> <tr><td>Andy Lockwood</td><td>Hull Teaching Hospitals</td></tr> <tr><td>Janet Smith</td><td>East Riding Council</td></tr> <tr><td>Peter Measures</td><td>East Riding Council</td></tr> <tr><td>Conrad</td><td>Self-advocate</td></tr> <tr><td>Paul</td><td>Self-advocate – Co Chair</td></tr> <tr><td>Mandy</td><td>Self-advocate</td></tr> <tr><td>Anna</td><td>Self-advocate – Co-Chair</td></tr> <tr><td>Anthony</td><td>Self-advocate</td></tr> <tr><td>Neil Griffiths</td><td>Humber and North Yorkshire ICB</td></tr> <tr><td>Sue Wardill</td><td>Worklink</td></tr> <tr><td>Elaine</td><td>Hull Teaching Hospital</td></tr> <tr><td>Liane Kirk</td><td>East Riding Carers</td></tr> <tr><td>Matt Spencer</td><td>East Riding Council</td></tr> <tr><td>Nell</td><td>Cascade</td></tr> <tr><td>Carol</td><td>Cascade</td></tr> </table>	Sandy Marshall	Inclusion North	Andy Lockwood	Hull Teaching Hospitals	Janet Smith	East Riding Council	Peter Measures	East Riding Council	Conrad	Self-advocate	Paul	Self-advocate – Co Chair	Mandy	Self-advocate	Anna	Self-advocate – Co-Chair	Anthony	Self-advocate	Neil Griffiths	Humber and North Yorkshire ICB	Sue Wardill	Worklink	Elaine	Hull Teaching Hospital	Liane Kirk	East Riding Carers	Matt Spencer	East Riding Council	Nell	Cascade	Carol	Cascade
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	<p><b>Welcome and Introductions</b></p> <p>Paul welcomed everyone to the meeting.</p> <p>Everyone introduced themselves.</p> <p>We shared our group rules and how we want to work together.</p>																																

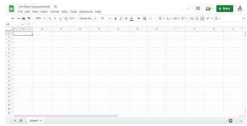


### Meeting agenda:

- Actions and updates from the last meeting
- Speaking Up Group
- Co-chairs update
- Making our meeting accessible
- Better Lives project update
- Partnership Board Planning for the future session
- Stronger sessions Together
- Any other business



### Actions and updates from the last meeting



1. Janet is going to make an information spreadsheet and share this with the partnership board to add information to.

- Janet has been in touch with the Information Technology Department.
- Attached to these notes is the spread sheet – please complete it before the end of October with community groups you know about and return to Rebecca



2. Catherine is going to share the Easy Read Fact Sheet with the Partnership Board for feedback:

- Peter told us that there will be the "Our Place" digital day service website where easy read fact sheets, agendas and notes of meetings can be found

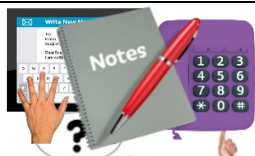


3. Janet is going to find out if there is any internet training to help people get online:

- Lots of training is available but not all accessible.
- Janet will get a list together and send to Rebecca
- "Our Place" officers will develop people's IT skills



- Visitor went to Speak Up Group to share IT skills – may be some peer to peer support
- East Riding have training at the local adult education centres
- Abilitynet <https://abilitynet.org.uk/> have volunteers to help people in their own homes, and sometimes equipment
- Paul told us about Digital Poverty Alliance <https://digitalpovertyalliance.org/> which may help people
- Giving people Internet training will open up so many opportunities to people
- Some people do not want to buy computers etc until they have more confidence
- Mandy said she has an i-Pad but can't use it as she doesn't know how – Mandy has been to her local library, but not sure if they have time to help her to learn IT Skills – Janet will look in to this



4. Peter is going to share the Speak Up Group notes with Rebecca to share with the group:

Paul shared the Speak Up Group Notes (attached)

The next Speak Up Group is face to face on the **13<sup>th</sup> October 2023 at Worklink, Learning Resource Centre, Cottingham HU16 5YF.**

If you would like to go to the next Speak Up Group meeting please email Peter Measures [peter.measures@eastriding.gov.uk](mailto:peter.measures@eastriding.gov.uk) or telephone 07866987824.

Peter said at future meetings there won't have an agenda but agree what needs to be talked about on the day.

There was a lot of discussion about:



- Cashless systems in the council
- Advocacy – Voicability
- Transport

Liane to invite someone from the Council who works on Transport.



5. Lianne to share information about the Partnership Board and Speak Up Group at the meeting with commissioners of care and support.

Lianne to check if providers/ commissioners can include anything on the information spreadsheet that Janet is putting together.

Liane shared that there had not been a meeting yet to share information with commissioners of care and support.



6. Janet is having a meeting with a contact at Humberside Fire and Rescue Service and will ask about Safe and Well Visits.

Janet met Melanie Breskie who manages the safe and well visits from the Humberside Fire services, there is an on-line form – this has been sent to Rebecca to share with the Board. Maybe Melanie would come to the Board.




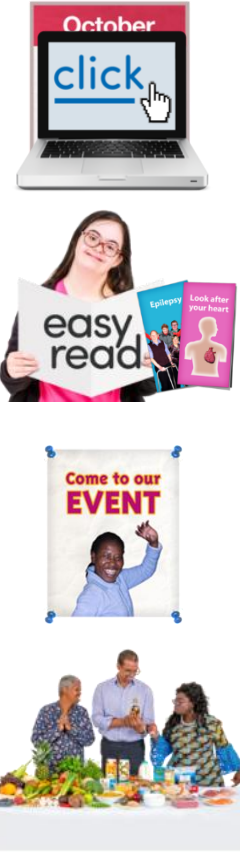







Conrad has done fire safety training, he told us what to do with a chip pan on fire and shared some information about what he had learned.



7. Neil is going to find out the right people to contact for the Humberside Fire Service, Police and Ambulance Service and invite them to the Partnership Board.

- Neil will contact John Thurkettle him to have a conversation

	<p>8. Peter to invite Catherine to the co-production session on Monday.</p> <p>Peter said this was done:</p> <ul style="list-style-type: none"> <li>• co-production session is planned for November</li> <li>• pledges coming out what the council will do about co-production</li> </ul> <p>The Children’s charter has been shared, one of the pledges has been shared.</p>
	<p>9. Jenny Measures to send Rebecca a summary update on the Better Lives Project.</p>
	<p>10. Myth busting stories sent to Rebecca: Peter has sent these.</p>
	<p><b>Campaigns Calendar:</b></p> <ul style="list-style-type: none"> <li>• Janet to ask Sarah Oliver who keeps the Campaigns Calendar up to date to the next meeting to share the campaigns</li> <li>• Easy read information to raise awareness of Cancer were found including Breast Cancer and Smear tests</li> <li>• Liane asked about getting this information out to people – we have a Big Provider event where we can give these to managers of services to give out to people</li> <li>• Public Health resources are available <a href="https://www.leeds.gov.uk/phrc">https://www.leeds.gov.uk/phrc</a>) and Easy Read Health provide digital information. <a href="https://www.easyhealth.org.uk/">https://www.easyhealth.org.uk/</a></li> </ul>

	<ul style="list-style-type: none"> <li>• The Futures Plus team are having an event on 3<sup>rd</sup> October there will be a big market place event in Beverley Leisure Centre, it would be useful to have this information available</li> </ul>
	<p><b>Co-chair Updates</b></p> <ul style="list-style-type: none"> <li>• Both Paul and Anna were welcomed as new co-chairs and both of them took turns of asking people’s views and introducing the agenda items</li> <li>• Rebecca has been helping us to feel confident</li> </ul>
   	<p><b>Making our meetings accessible</b></p> <p>This was a conversation about making our meetings accessible:</p> <ul style="list-style-type: none"> <li>• Meetings could be in different areas of East Riding</li> <li>• People thought Hull may be a good location due to the available transport</li> <li>• Carol and Nel are going to check out Jubilee Central venue in Hull and report to the group</li> <li>• Lianne said there was some money to help self-advocates with travel expenses</li> <li>• Lianne said Peter was going to be writing a policy about involvement and how people can be paid for their expenses</li> <li>• Some people found the picture symbols in information distracting</li> <li>• Some people found the pictures didn’t match the meaning</li> <li>• People need to be asked what works for them best</li> </ul>

### Better Lives Project



## Better Lives Project

Lianne shared a presentation about the Better Lives Project. This is attached to the notes.

Lianne explained that people using services are involved in the different areas of the Better Lives Project.

Lianne said the work should be completed around March next year.

A report will be available.

October

25



## Partnership Board Planning – next meetings

- **Wednesday 25<sup>th</sup> October** – this will be about people with a learning disability getting older and keeping healthy – venue to be confirmed.

We talked about:

- Living well sessions in Bridlington – to have in other areas – Peter to share the worksheet
- Older carers, carer for sons/daughters with a learning disability. Carers meeting planned to discuss this
- Difficult conversations about dying and death
- Together we matter resources  
<https://www.togetherwematter.co.uk/>
- Being lonely and growing old especially in rural areas
- Public Health and healthy aging
- Annual Health Checks
- Information about services
- Health and lifestyle changes becoming more active
- Equipment – bathing, alarms,
- Medication

Janet shared some new projects happening in Public Health



- Age Friendly Communities - Janet will remind her manager to make sure that people with learning disabilities are included in this
- Project with local business - this is being planned at the moment



Sue talked about Every Contact Counts – no communities in the villages to set up small groups.

Every contact counts – monthly course Healthy Chat Training – Train the Trainer offer in the Council (Liane to go on the list).



The signposting directory for Making Every Contact Count is [www.mecclink.co.uk](http://www.mecclink.co.uk)

Active communities, health and wellbeing co-ordinators – have a role in building active communities.



Being able to do things in your community stops people from being lonely.

The Directory for East Riding groups and activities- is <https://www.eastridinghealthandwellbeing.co.uk/>



Sue said people do not have a named social worker. People talk with those who they have most contact with; this isn't always the persons role and so people take on more work – there is a gap here.



- 30 minutes for this on the next agenda – Healthy Aging to keep on the agenda all the time



December

20



## **We have a Partnership Board meeting on Wednesday 20th December 2023**

Paul said this meeting will be about Housing and accommodation - Paul said this might be too near Christmas. Discuss this at the next meeting.



## **Stronger Together Sessions**

Liane said how great it is that people have a strong voice in the Learning Disability Partnership and in the East Riding we need to make sure everyone can speak up.

### **How can we help people to have their say?**



Lianne shared with the group that Rebecca had provided information about a course about becoming strong self-advocates and how to speak up for themselves.

Liane said she is looking to find the money to be able to provide the course in East Riding.



Paul suggested getting staff together to look at what people don't need and sell items to raise money.

Anna said she went to the Goddards at 18 – Rachel said I'd come on from 18 – 43 really well, - Liane said Anna should be proud of herself.



We hope to have people like Conrad, Paul, Anthony, Mandy and Anna to take part in the training.



Peter asked people to find other self-advocates from big towns across East Riding to tell them about the course if it happens.

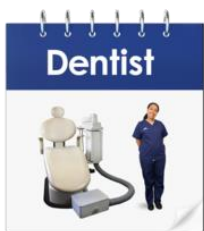


## Bus Passes – National Bus Pass for Disabled People Dec 2021

There was a question about how many people had passes and what kind - this was what the transport departments said:

- Bus passes - 3,092 disabled people have a free disabled pass
- Bus pass with a Companion - 1,706
- 4,798 people in East Riding have a national disabled bus pass
- 1,460 have a free disabled pass
- 825 people have a learning disability

Liane has asked someone from Transport to come to the Learning Disability Partnership Board.



## Any other business

- Peter talked about the Bridlington Living Well sessions and the health and wellbeing team. They want to run some sessions around the Goole area and invite people
- Dentist — some self-advocates were having to wait for NHS dentist appointments. Some people had chosen to go to private dentists which is expensive
- Care Quality Commission Inspection (CQC):
  - Liane shared that East Riding local authority is due to have a Care Quality Commission inspection – CQC check local councils to make sure they are doing a good job and people are cared for well



There is going to be Peer Review which will be about "Preparing for Adulthood".

This Peer Review will help the Council get ready for the CQC Inspection.

People will be able talk about the Partnership Board and say the difference its making.



- GP Appointments - getting appointments is still difficult, people having to hang on the phone for ages. Paul said he decided to walk to the Doctors and see them face to face rather than hang on the phone. Getting to the pharmacy seems to be the problem.

Well done to Paul.



- Lots of things have changed since Covid – there is a big shortage. We all need help to work through the system and ask for help. People are working hard to make changes.

Peter said reasonable adjustment should be made. Reasonable adjustments are talked about in the Oliver McGowan training.





Neil said that next time you speak to your GP remember to tell them what might help you to get an appointment as they are offering lots of different options. If you can walk in this may be the best option for you, so you don't have to do everything on the phone.



If you are not happy and think reasonable adjustments are not being made let us know.













People who support people with a learning disability can download the NHS app for booking appointments, this means people don't have to hang on the phone if they are supporting someone.

  	<p>Neil suggested on-line apps to make appointments or prescriptions. NHS apps <a href="https://bitly.ws/TFs9">https://bitly.ws/TFs9</a></p> <p>Sue said support staff are trying to help but they don't have enough time to spend on the phone but they need to keep chasing for appointments. This can delay treatment.</p> <p>Sue said chasing up medical results was a bit problem.</p> <p>Peter suggested a sheet with helpful questions – Neil to have a conversation with Peter.</p> <p>Some self-advocates had difficulties with their medication and what it looked like. Suggested Pharmacy should be contacted – Mandy will do this.</p>
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  	<p><b>The next Partnership Board meeting is on Wednesday 25<sup>th</sup> October 2023 and will be face to face and online.</b></p> <p><b>Join Zoom Meeting</b>  <a href="https://us02web.zoom.us/j/84556225064?pwd=RzFCek9hek8vOVFCdUNLbIVHQWNOZz09">https://us02web.zoom.us/j/84556225064?pwd=RzFCek9hek8vOVFCdUNLbIVHQWNOZz09</a>  Meeting ID: 845 5622 5064  Passcode: 177995</p>
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**Actions**

	<p>Janet to find out more about the libraries offer for IT help for people with a learning disability.</p>
	<p>Peter to look through past minutes and provide Colin (Transport) with some questions before he comes to the Speak Up meeting.</p>
	<p>Laine to speak to the Transport people who used to come and remind them to attend.</p>

	<p>Find out what, if any services across East Riding Council might be going cashless. Maybe need some learning about how to use cashless cards? Need to find out the options which suit people best.</p>
	<p>Liane to send invites dates about forthcoming events.</p>
	<p>Peter is currently writing a policy about involvement costs which include costs for travelling, Peter will keep the group informed about this.</p>
	<p>Carol and Nel to check out the Jubilee Central venue in Hull and report back.</p>
	<p>Peter to talk to Bridlington Group about sharing information with the Learning Disability Board's next meeting.</p>
	<p>Peter, Anna, Paul and Rebecca to get together to agree agenda for next meeting, venue and any speakers.</p>
	<p>Neil and Peter to pick up a discussion about informing care providers about NHS apps which will shorten the amount of time taken up when phoning GPS.</p>