

October  
**25**



# East Riding of Yorkshire Learning Disability Partnership Board



**25<sup>th</sup> October 2023**

**11am – 2.00pm**



## **People who came to the meeting**

|                    |                                            |
|--------------------|--------------------------------------------|
| Kimberly Bellhouse | Inclusion North                            |
| Rani Rooke         | Humber and North Yorkshire ICB             |
| Susan Wardill      | Worklink                                   |
| Catherine Law      | East Riding Safeguarding Adults Board      |
| Peter Measures     | East Riding Council                        |
| Liane Kirk         | East Riding Carers                         |
| Natalie Sweeting   | East Riding Council                        |
| Simon Fenwick      | East Riding Council                        |
| Andy Lockwood      | Hull Teaching Hospitals                    |
| Rachel Benton      | Goddards Care                              |
| Anna Thornham      | Self-Advocate                              |
| Sarah Oliver       | Public Health Senior Officer (East Riding) |
| Conrad Whittles    | Self-Advocate                              |
| Paul Hewitson      | Self-Advocate                              |
| Mandy Chellew      | Self-Advocate                              |
| Rebecca Cole       | Inclusion North                            |
| Carrie Frost       | Healthwatch East Riding                    |

## **People who could not come to the meeting.**

|              |                        |
|--------------|------------------------|
| Tom Denham   | East Riding Council    |
| Carol Ryan   | Cascade                |
| Jayne Wilson | Hull Teaching Hospital |
| Hannah Brown | East Riding Council    |
| Janet Smith  | East Riding Council    |



## Welcome and Introductions

Paul welcomed everyone to the meeting.

Everyone introduced themselves.

Rebecca shared our group rules and how we want to work together.



## Meeting agenda:

- Actions and updates from the last meeting
- Speaking Up Group
- People with a learning disability getting older and keeping healthy.
- Any other business and updates.



## Actions and updates from the last meeting

Janet is looking into the support that the libraries can offer for people around using computers. Janet was not at the meeting today.

Peter gave an update and said that the libraries can help someone to get on the computer in the library but they would not be able to work with people 1-1.



Libraries have signed up with a big internet provider. This means that if anyone has a smartphone or tablet but does not have money for data the library will give some free data for a while.

People can get a free data sim. They are for 6 months and include unlimited minutes and texts. I



People need to have a device that is O2, 3 Mobile or Vodaphone.





To find out who can have a free data sim have a look on Our Place - <https://www.ascleader.co.uk/course/view.php?id=194>

Rani said that some libraries have spare rooms and these could be used for people with a learning disability to meet and use the internet.

People could support each other to use the computer and talk about internet safety.



Our Place has some information too about being safe online <https://www.ascleader.co.uk/course/view.php?id=197>

This could be something that the Speak Up groups want to do and we could ask them if they want to set up an IT group.



Peter has started to talk to someone in the Council about Transport, they are going to attend a Speak Up meeting.

There are a lot of different questions for him to answer about transport so Peter would like the group to think about:

- What do people want to see happen with transport – what is the dream?



Liane is still looking for someone from Transport to come to the Board meetings.



Liane and Peter are trying to make sure everyone knows about the different groups and the dates of the meetings.



They want to make sure that people are involved and are confident to attend.

There are lots of conversations about making sure everyone can get involved if they want to.



It is important that people who do not use speech to communicate are included.



Rani said that there is money available from the Transforming Care Partnership that could help people get involved.

Peter has been working on some information (Policy) so that people can get paid for getting involved.

This is now nearly finished and it needs to go the Directors for signing off.

We hope that this policy will be up and running in the New Year.



When we have the meeting dates for next year's Partnership Board we will think about having the meetings in different areas across East Riding.



Peter shared some information from the Bridlington Group.

The Bridlington Group are really interested in talking about the same things as the Speak Up Group and the Partnership Board.



The meetings are once a month and lasts for 1 hour and 30 minutes.

Peter is going to link the groups so that conversations can happen between the groups.



Paul talked about how difficult it was to get a doctor's appointment.



A lot of people are not able to use the NHS App.

Something seems to have changed since Covid because it used to be easier to get an appointment.



Carrie said that people are struggling because things are going digital and people cannot contact the doctors like they did before.



Healthwatch East Riding really want to hear from anyone having difficulties getting appointments from their GP surgeries.

Or difficulty getting appointments because they have to use NHS App or go on website.

You can contact Healthwatch on 01482 665684 or email [enquiries@healthwatcheastridingofyorkshire.co.uk](mailto:enquiries@healthwatcheastridingofyorkshire.co.uk)



If people are having difficulties when they go to the GP Rani would like people to share their experiences and these can be shared with the practice managers.



This is for East Riding GPs and if people use Hull GPs then Rani will talk with her colleagues in Hull.

Oliver McGowan Mandatory training Level 1 is going to take place. This will take be online on teams and staff will have to take part in this training.



Level 2 training will be for people that are working with people with a learning disability and autistic people. This will be a full day face to face training session.



Both levels of training will be run by a trainer and an expert by experience.

Goddard Care shared that they have experienced a change in accessing their GP since Covid.



Care homes for older people get a ward round and this means the doctor visits to the care homes.

Goddard Care would like this to happen for residential homes which care for people with a learning disability including older people.



Rani is going to take this forward to the right meetings so that these ward rounds are looked into for all care homes.

Neil has been in touch with the police and they have said they are happy to join the next meeting.

We are working on also getting Fire and Ambulance representatives to join a future meeting.



### **Speaking Up Group**

The last meeting was on Friday 13<sup>th</sup> October.

The group spoke about Hull Fair, people found it crowded and thought for wheelchairs it is better during the day rather than the night. People enjoyed the day.



VoiceAbility came to speak to the group about Advocacy and Self-Advocacy. They shared information about the different roles they had and also shared some leaflets.

They did not have any digital copies with them but Peter has asked for these so that they can be shared with the Partnership Board.

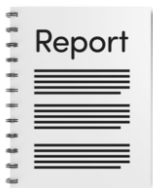


VoiceAbility are looking for volunteer advocates especially around mental health – they have a leaflet for this and how people can be involved.



The group talked about when someone might need an advocate, this included things like where you live and being independent.

The group also talked about why people come to the meetings and what the things are that matter to them.



Workers in the council have been doing a report called The Local Account this looks at what social care has achieved in the last year.



Going into the new year part of this report will make sure that it is working on the things that local people say are important.

Important topics are:

- Independence
- Housing
- Transport



## Getting Older and Keeping Healthily

Sarah Oliver from Public Health talked to the group about health screening and going for screening appointments.

Public Health wants to support people to understand why health screening is important.



It will help people when they are asked to attend a screening appointment.

Sarah showed the group 2 easy read leaflets about:

- Smear Test
- Breast Cancer



To help with screening appointments people can look at the equipment, ask for longer appointments and have someone with them for support.

**IMPORTANT**

It is very important for everyone to attend screening appointments.



Mencap have some easy read information about health screening. Click here <https://www.mencap.org.uk/advice-and-support/health/cancer-screening>



Staff also need to be trained on why screening tests are important.



People also felt it would be helpful if someone would be able to come out to residential care homes and talk to the residents and staff about the importance of screening.

Screening means that the health professional will look for anything that is unhealthy in your body that could cause health problems.



### Learning Disability Week

We talked about Learning Disability week next year and people thought that it would be good to do some sponsored walks in different areas of East Riding.

This would be a good way to raise peoples awareness.

Sarah Oliver from public health is happy to help promote this through social media.



### Any other business

The Goddards are doing an Art Festival next year.



This is open to everyone and will take place on 20<sup>th</sup> and 21<sup>st</sup> April 2024.



Howden Council have agreed that it a great idea and happy to support the Art Festival.

Artwork to be displayed around Howden.



The next Partnership Board meeting is on **Wednesday 20<sup>th</sup> December 2023 and will be face to face and online.**





**The meeting will be held at:**

Worklink  
Eppleworth Road,  
Cottingham,  
HU16 5YF



11am until 2.00pm



Here is the meeting link.

**Join Zoom Meeting**

<https://us02web.zoom.us/j/88485694552?pwd=aFJmT3g2aVJhV3NoNOZVYUcvc3ovQT09>

Meeting ID: 884 8569 4552

Passcode: 445361



We are going to wear our Christmas jumpers and share mince pies.

**Actions**



Liane is going to talk with someone from Adult Education to see if there are any IT courses for people with a learning disability.



Rani to speak with Will about inviting the Primary Care Liaison Manager to one of our meetings.



Staff training why health screening is so important. This is something that needs to be looked at and Sarah Oliver is to have a look into this.

