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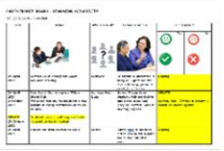
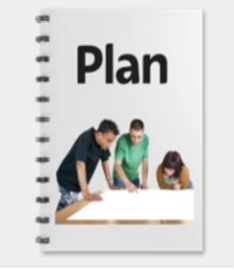






East Riding of Yorkshire Learning Disability Partnership Board



25 March 2026
11am - 2:30pm






<p>Agenda</p> 	<p>Today's "Hot Topic" is Healthy - Body and Mind</p> <p>Meeting discussion...</p> 	<p>Actions</p>  <p>Who?</p>
 <p>Hello</p>	<p>Welcome from our Chair and Co-Chairs...</p> <p>Emma, Anna and our expert Conrad</p>	
	<p>Who came?</p> <p>Emma Smith, Director of Adult Specialist Services - Our Chair</p> <p>Anna our Co- Chair</p> <p>Conrad one of our Experts</p> <p>Peter Measures, Co-Production Lead</p> <p>Trish (Patricia) LeGrove, Project Officer</p> <p>Rachel Benton - Team Leader, Millers...</p> <p>Kev (Kevin) Wright, Expert - Lived Experience</p> <p>Rani Rooke, Senior Commissioning Lead Manager Neurodiversity East Riding of Yorkshire Humber & Yorkshire Health and Care Partnership</p> <p>Janet Smith, Public Health Lead, Older People, Neurodiversity</p> <p>Helen Vanson, Health & Wellbeing Manager, Cascade</p> <p>Laura Hutchinson, Healthy Lifestyles Development Officer</p> <p>Kirsty Forrester, Healthy Lifestyles Development Officer</p> <p>Claire Fennell, Senior Day Service Officer Our Place and Hornsea Day Service</p> <p>Adele Rose, Day Service Officer Our Place and Hornsea Day Service</p>	
	<p>Library Corner / shared by email</p> <ul style="list-style-type: none"> • Minutes from last meeting • Today's agenda • Presentation Copies - all previous meetings • One Page Profiles • Useful information 	








	<p>ACTION</p> <p>If anyone needs copies of anything, please ask Trish 😊</p>	<p>Everyone</p>
	<p>Actions from previous minutes</p> <p>What have we done?</p> <ul style="list-style-type: none"> • Trish is writing a new tracker • Accessible toilets and Changing Places facilities across east Riding are going onto Our Place and a new area on the internet • BIG PLAN sub-groups have been agreed. We still need more people to join them, and their meetings need to be planned soon. • Each Partnership Board meeting will focus on One sub-group theme, called 'Hot Topic' 	
	<p>Sharing Information and improving visibility</p> <p>- Emma</p> <p>We agreed that presentations and papers from the Board need to be shared more widely in the council. We are going to send them to:</p> <ul style="list-style-type: none"> • Directors • Heads of Service • Adults Services Team <p>A short summary update will be shared with the Health and Wellbeing Board</p>	<p>-Trish</p> <p>-Peter</p>
	<p>Cancer screening and health work</p> <p>There is a focus on lung cancer screening and making information more accessible. The existing long video that Sophie Watkinson shared with us has been split into 5 bite-sized clips. Screening teams want to work more closely with learning disability services before the screening vans arrive, to allow preparation and desensitisation.</p> <p>Our members shared that recent GP and screening experiences have been good.</p> <p>ACTION</p> <p>Trish will re-share the screening videos and links, and they will be added onto Our Place for feedback.</p>	<p>-Trish, Claire, Adele</p>

	<p>Peter/Rani will set up a small sub-group / steering group to support cancer screening teams and GPs with preparation work.</p>	<p>-Peter, Rani</p>
	<p>Travel training and transport</p> <p>There is only one travel trainer in post at the moment, but they are recruiting for more and other services will help.</p> <p>There are gaps for 16-18yr olds transitioning from school to college. Peter has spoken to Councillor Aitken about this.</p> <p>Transport is still a concern for people with learning disabilities.</p> <p>ACTION</p> <p>We will continue to work with Stagecoach - Jack and Council - Gary Ansell</p> <p>Invite Gary to next meeting for him to share his easy-read information about bus passes and applying for them</p>	<p>-Peter, Trish</p>
	<p>Housing and Respite</p> <p>Work is underway on housing options for people with learning disabilities.</p> <p>There is a Learning Disability Capital Grant for 2027-2028 that could be used.</p> <p>ACTIONS</p> <p>Nicola Carter, Natalie and Tom will be invited to our May meeting to give an update.</p> <p>Follow up on funding and consider expressions of interest to the fund.</p>	<p>-Trish, Peter</p> <p>-Emma, Rani</p>
	<p>Patient Passports and health experiences</p> <p>There is ongoing frustration that patient passports are not always used or recognised.</p> <p>We talked about-</p> <ul style="list-style-type: none"> • Reasonable adjustment flags • Hospital Liaison Nurses • Consistency across GP practices and hospitals • Hull Royal is a huge site, and we can get lost easily - we need maps and guides • Mental Health support and the CRISIS team 	

	<p>ACTIONS</p> <ul style="list-style-type: none"> • This stays on our agenda until there is clear improvement • Invite Hospital Liaison Nurses and Learning Disability Nurses to the board (without pulling frontline staff away) - we need a rep from Nursing in the board meetings • Gather data on use of reasonable adjustment flags and adding them onto System 1 in the GP surgery • Gather real experiences from people and families • A & E are not getting the Patient Passports information - why? 	<p>-Trish</p> <p>-Peter, Trish</p> <p>-Trish</p> <p>-Rani</p> <p>-everyone</p> <p>-ask CTLD Stephanie</p>
	<p>Bereavement and Advocacy Guidance</p> <ul style="list-style-type: none"> • We talked about what happens if we lose an appointee and need support on bereavements or the help of an advocate. <p>ACTIONS</p> <ul style="list-style-type: none"> • We need to invite Laura Yourston, Principal Social Worker to present on this. • This should be talked about in the subgroup 'Life Changes' • Julie Middlewood to share easy read Advocacy feedback 	<p>- Peter, Trish</p> <p>-Laura Yourston?</p> <p>-Julie Middlewood</p>
	<p>SPEAK UP GROUP feedback - Peter, Anna and Conrad</p> <p>At the last meeting, key themes were raised:</p> <ul style="list-style-type: none"> • Mixed experiences of hospitals and mental health services • Difficulty accessing crisis support • Transport barriers to social activities • Positive engagement with GIG Buddies and social opportunities • Need for clear and up-to-date directories of activities <p>ACTIONS</p> <ul style="list-style-type: none"> • Keep making a 'living' list of social opportunities • Explore better ways of sharing this information digitally 	<p>-Peter</p> <p>-everyone and Our Place</p>

 	<h2>Healthy Body and Mind - activities update</h2> <p>Kirsty and Laura talked about the physical activity and Healthy Lifestyle programmes across East Riding:</p> <ul style="list-style-type: none"> • Dance, Boxing, Tennis, Archery, Rugby, Walking Groups • Leisure-centre-based and community-based activities <p>These were to lose weight when the programme started but now the focus is on making 'Healthy Choices'</p> <p>There are activities in-</p> <ul style="list-style-type: none"> • Bridlington • Beverley • Driffield • Hornsea • Goole <p>For the sessions to carry on they are doing Train the trainer courses.</p> <p>Exercise Referrals - these are if your BMI is over 45, the Leisure centres will help you with 1:1 support to join sessions twice a week.</p> <p>ACTIONS</p> <ul style="list-style-type: none"> • Better promotion is needed so services, carers and families know what is available • Full activity information needs sharing across council and community channels • Explore improved promotion via websites, newsletters and Our Place • If you need more information, you can ask Kirsty or Laura 	<p>-Active communities</p> <p>-Comms team</p> <p>-Trish</p> <p>-Our Place</p> <p>-Kirsty, Laura</p>
	<h2>Sharing Information - ACTIONS</h2> <ul style="list-style-type: none"> • We talked about Linking connection points with Claire and Beth who work in commissioning • Holding an 'Open Day' Fayre -Day Services in the East Riding holds these and we could have stands about <ul style="list-style-type: none"> - Partnership Boards - BIG PLAN - Healthy Lifestyle Programmes 	<p>-Commissioning</p> <p>-In-house Day Services</p> <p>-Partnership board</p> <p>-Kirsty, Laura</p>

	<p>Oliver McGowan Training https://www.e-lfh.org.uk/programmes/the-oliver-mcgowan-mandatory-training-on-learning-disability-and-autism/</p> <ul style="list-style-type: none"> • Training continues to be delivered across the East Riding Council and NHS services. • There is strong positive feedback on trainers and the impact. <p>ACTIONS</p> <ul style="list-style-type: none"> • We need to understand who has attended and what has changed in practice as a result • Discuss in Voice subgroup • We need to gather data on the uptake of this training and any feedback about it. • We need to promote training to the remaining service areas e.g. sexual health, oral health... 	<p>-Peter</p> <p>-Peter</p> <p>-Peter</p> <p>-Janet, Peter</p>
	<p>Communications and engagement We have been working on:</p> <ul style="list-style-type: none"> • A June press release with easy-read information • Regular updates in staff bulletins • Better use of Our Place, social media and accessible formats <p>ACTIONS</p> <ul style="list-style-type: none"> • We need to focus on reaching parent/carers and people who do not attend our meetings • Plans are underway to develop a clearer, accessible Partnership Board presence on Our Place • We need to create simple explanations including videos of what the board is and how people can connect and share information 	<p>-Trish</p> <p>-Peter, Trish, Claire and Adele</p> <p>-Clare and Adele, Comms team</p>
	<p>EXPERTS as Trainers... The University in Hull have asked if any experts are interested in supporting Social Work Students</p> <p>Cancer Screening NHS are also wanting experts to help them with research</p> <p>ACTION If you want to volunteer or find out more - speak to Peter</p>	<p>-Peter</p>

	<p>Thank you</p> <ul style="list-style-type: none"> - Thank you to everyone who came to the meeting - Thank, you for your ideas, time and support. 	<p>Everyone</p>
     	<p>Our Next Meeting...</p> <p>Hot Topic -</p> <p>'Community which involves everyone'</p> <p>'Being Safe'</p> <p>When? Wednesday 13th May</p> <p>Time? 11am-2:30pm</p> <p>Where? Worklink Learning Resource Centre Eppleworth Road Cottingham HU16 5YF</p> <p>Questions? Email Trish Inhouseproject.provision@eastriding.gov.uk</p>	