








# East Riding of Yorkshire Autism and ADHD Partnership Board

## 9 December 2025

### 1pm - 4pm



<p><b>Agenda</b></p>	<p><b>Meeting discussion...</b></p>	<p><b>Actions Who?</b></p>
	<p><b>Who came?</b></p> <p><b>Rani Rooke</b> - Chair Senior commissioning Lead Manager Neurodiversity East Riding of Yorkshire Humber and Yorkshire Health and Care Partnership.</p> <p><b>Kevin Wright</b> - Co Chair Expert with lived experience</p> <p><b>Janet Smith</b> - Public Health Lead, Older people and Neurodiversity</p> <p><b>Patricia LeGrove</b> - Minutes Operation Review and Project Officer, Specialist Services, East Riding of Yorkshire Council</p> <p><b>Michelle Field</b> - HTFT</p> <p><b>James Stothard</b> - PC2252, Neighbourhood Policing Team</p> <p><b>Jacob Richardson</b> - Expert with lived experience, Volunteer with Humberside Police Independent Advisory Group, soon to be trainee for Oliver McGowan Expert Trainer / facilitator</p> <p><b>Tina Hilpert</b> - Home Instead and Parent /Carer</p> <p><b>Adam Kelsey</b> - SEND Lead within Youth Justice Service</p> <p><b>Paul Clapworthy</b> - Senior Probation Officer</p> <p><b>Melissa Broadwell-Hill</b> - Member of the Disabled Staff network in East Riding of Yorkshire Council</p>	

	<p><b>Who couldn't come?</b></p> <table border="0"> <tr> <td>Peter Measures</td> <td>Cara Petch</td> <td>Natalie Sweeting</td> </tr> <tr> <td>Tom Denham</td> <td>Vicky Smith</td> <td>Adele Rose</td> </tr> <tr> <td>Claire Fennell</td> <td>Jenny Measures</td> <td>Joshua Anderson</td> </tr> <tr> <td>Sue Wardill</td> <td>Hayley Dowson</td> <td>Susannah Trotter</td> </tr> <tr> <td>Gill Emerton</td> <td>Kath</td> <td>James Macdonald</td> </tr> <tr> <td>Rebecca</td> <td>Rachel Benton</td> <td>Ryan Jewitt</td> </tr> <tr> <td>Jennifer MacNeill</td> <td>Debbie Cahill</td> <td>Carol Ryan</td> </tr> <tr> <td>Adrian Barbes-White</td> <td>Rachel Ingham-Jones</td> <td></td> </tr> <tr> <td>Helen Vanson BSc</td> <td>Nell Burke</td> <td>Ankur Mehrotra</td> </tr> <tr> <td>Jo Perry</td> <td>Lorraine Sanderson</td> <td>Angela Kingston</td> </tr> <tr> <td>Nadine Rhodes</td> <td>Emma Greensmith</td> <td>Emma Peeps</td> </tr> <tr> <td>Shellie Horst</td> <td>Nicola Robinson</td> <td>Gill</td> </tr> <tr> <td>Russell Almond</td> <td></td> <td></td> </tr> </table>	Peter Measures	Cara Petch	Natalie Sweeting	Tom Denham	Vicky Smith	Adele Rose	Claire Fennell	Jenny Measures	Joshua Anderson	Sue Wardill	Hayley Dowson	Susannah Trotter	Gill Emerton	Kath	James Macdonald	Rebecca	Rachel Benton	Ryan Jewitt	Jennifer MacNeill	Debbie Cahill	Carol Ryan	Adrian Barbes-White	Rachel Ingham-Jones		Helen Vanson BSc	Nell Burke	Ankur Mehrotra	Jo Perry	Lorraine Sanderson	Angela Kingston	Nadine Rhodes	Emma Greensmith	Emma Peeps	Shellie Horst	Nicola Robinson	Gill	Russell Almond			
Peter Measures	Cara Petch	Natalie Sweeting																																							
Tom Denham	Vicky Smith	Adele Rose																																							
Claire Fennell	Jenny Measures	Joshua Anderson																																							
Sue Wardill	Hayley Dowson	Susannah Trotter																																							
Gill Emerton	Kath	James Macdonald																																							
Rebecca	Rachel Benton	Ryan Jewitt																																							
Jennifer MacNeill	Debbie Cahill	Carol Ryan																																							
Adrian Barbes-White	Rachel Ingham-Jones																																								
Helen Vanson BSc	Nell Burke	Ankur Mehrotra																																							
Jo Perry	Lorraine Sanderson	Angela Kingston																																							
Nadine Rhodes	Emma Greensmith	Emma Peeps																																							
Shellie Horst	Nicola Robinson	Gill																																							
Russell Almond																																									
	<p><b>Welcome and Introduction</b></p> <p>Rani welcomed everyone and introductions were made to new members.</p> <p><b>No Conflict of Interests declared</b></p>																																								
	<p><b>Previous Minutes</b></p> <ul style="list-style-type: none"> <li>• Last Meeting was August 2025</li> <li>• Minutes were re-shared for any additional comments or feedback. Minutes were accepted - no changes.</li> </ul>																																								
 	<p><b>New Mental Health Act - Rani</b></p> <p>Rani explained that the Mental Health Act is changing. People with learning disabilities or autism can't be kept in hospital just for behaviour or feelings. The need a mental illness too. This is a big change from before.</p> <p>Community Services must help with people with high needs. This means they will get support outside of hospitals. It is important to get the right help where they live.</p> <p>Health, social care and justice services need to work together. They must plan better and create new systems.</p>	<p><b>Actions</b></p> <p>This links to our strategy themes; Community, Life planning, Transitions...</p>																																							



This will help people get the care they need and stay safe.

In the East Riding 75% of issues are around behaviour and emotional responses that are opposite or different (emotional divergence) - 25% are mental illness.

PEGASUS was discussed, it is a new Humberside Police scheme for individuals with neurodivergence, disabilities or anxiety to share key information with the Police to get the right support.



Neurodiversity card was also shared, this is a type of ID card to carry with descriptions of autism and ADHD, so you don't need to worry about explaining or being misunderstood.

### **ACTIONS**

**Trish** to share PEGASUS and Neurodiversity card information -

<https://www.humberside.police.uk/contact/af/contact-us/us/contact-us/sspegasus-scheme/pegasus-scheme/>

**Rani** to keep us updated about the changes to the Mental Health Act

**Trish**  
Share  
PEGASUS,  
Neurodiversity  
Card info

### **Feedback HTFT (Humber Teaching NHS Foundation Trust)- Michelle**


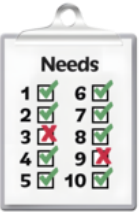


Michelle told us that there are long waiting lists for autism and ADHD assessments.



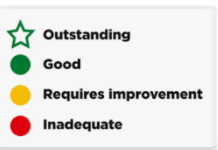
Children and young people -


- 1365 waiting for autism assessment, 806 have been waiting over a year
- 684 waiting for ADHD assessment, 338 have been waiting over a year




**Action Michelle** to be on the agenda every meeting





 	<p>Adults -</p> <ul style="list-style-type: none"> <li>• 204 waiting for autism assessment and most of the adults waiting a long time are younger adults that have moved from the children's list.</li> <li>• ADHD referrals are going up quickly, high demand, limited funding...</li> </ul> <p>Problems from these referrals -</p> <ul style="list-style-type: none"> <li>• Delays</li> <li>• Parents rely on diagnosis for support</li> <li>• Some children are missing out on early help</li> <li>• Delays to access benefits</li> <li>• Delays in getting support</li> </ul> <p>What is being done to help?</p> <ul style="list-style-type: none"> <li>• Prioritising the most vulnerable</li> <li>• Improving triage</li> <li>• Validating waiting lists</li> <li>• Developing early intervention pathways</li> <li>• Support based on functional need, not just diagnosis, to help people sooner</li> </ul> <p><b>ACTION Michelle</b>, to remain on agenda for feedback and updates</p>	
 	<p><b>Public Health - Janet</b></p> <p>Janet shared her presentation and talked about public health work in the East Riding. She said that spending money on things like exercise, mental health help and stopping smoking can save money and make people healthier. She wants to help more neurodiverse people by making services more inclusive.</p> <p>She also told us about MECC (Making Every Contact Count). This is helping people have short talks about health. The MECC website has lists of local and national resources, sessions etc. and trains staff to help people find the right services.</p>	<p><b>Janet</b> To advise on colleagues and their areas</p> <p><b>Trish</b> - Add to future agenda -Share MECC info</p>

	<p>Janet wants to share the MECC information and training staff will help them support health in their work.</p> <p><b>ACTIONS</b></p> <p><b>Janet</b> to speak to public health leads for specific services e.g. Angela Williams for stopping smoking)</p> <p><b>Trish</b> add public health leads on to future agenda / share MECC info</p> <p><a href="https://www.hee.nhs.uk/our-work/population-health/our-resources-hub/making-every-contact-count-mecc">https://www.hee.nhs.uk/our-work/population-health/our-resources-hub/making-every-contact-count-mecc</a></p>	
	<p><b>Consent - Rani</b></p> <p>Rani mentioned to us that consent must be given by a person over the age of 14 years. She wonders if they consent to their referrals or it has been their parents.</p> <p>We need to talk about this at a future meeting and should link with legal experts and think about this in our work.</p> <p><b>ACTION</b></p> <p>To add this to future agenda, invite a guest speaker.</p>	<p><b>Trish</b></p> <p>Add to future agenda</p>
	<p><b>Group Membership - Rani</b></p> <p>Rani shared our concern about no representations from key sectors e.g. adult social care, housing, parents and carers.</p> <p>We talked about how we could engage with more people and decided that we would have future meetings on Teams only - making meetings more accessible.</p> <p><b>ACTION</b></p> <p><b>RANI</b> to write to Emma Smith, Director to ask for improved representation.</p> <p><b>Trish / Peter</b> to network and link with other groups.</p>	<p><b>Rani</b></p> <p>Letter to Emma Smith</p> <p><b>Peter / Trish</b></p> <p>Network with other groups</p>
	<p><b>Feedback on CQC Rating for East Riding of Yorkshire Council - Rani, Trish</b></p> <p>Concern was raised over the Council's rating of inadequate.</p>	

	<p>Trish explained the difference between council-wide and in-house service ratings. In-house e.g. our Residential services are rated good or outstanding.</p> <p>Rani explained that the council have outlined ongoing improvement efforts and plans to provide updates at future meetings.</p> <p><b>ACTION</b></p> <p>Trish to get a copy of the public version of the council's CQC improvement plan to share.</p>	<p><b>Trish</b> CQC Improvement Plan. Feedback from Emma.</p>
---	--	---



	<p><b>If you would like to ask or add anything, please contact</b> <a href="mailto:inhouseprovision.projectteam@eastriding.gov.uk">inhouseprovision.projectteam@eastriding.gov.uk</a></p>	
---	---	--

   	<p><b>NEXT MEETING</b> <b>Partnership Board</b></p> <p><b>When?</b> - 4 February 2025</p> <p><b>Time</b> - 1-4pm</p> <p><b>Where?</b> - on Microsoft Teams NO 'in person meeting'</p>	
---	---	--

