













East Riding of Yorkshire Autism and ADHD Partnership Board

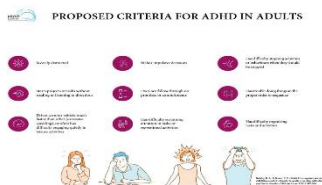
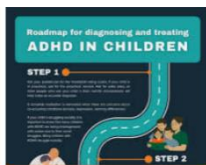
6 August 2025

1pm - 4pm



<p>Agenda</p> 	 <p>Meeting discussion...</p>	 <p>Action s Who?</p>
	<p>Who came?</p> <p>Rani Rooke - Commissioning Lead</p> <p>Kev Wright - Expert / Co-Chair</p> <p>Sym Tomlinson - Co-Chair / Health Watch / Expert</p> <p>Janet Smith - Public Health, Neurodiversity</p> <p>Adam Kelsey - Youth Justice, Neurodiverse and SEN (Special Education Needs)</p> <p>Peter Measures - Co-production Lead / Autism Voice Chair</p> <p>Susannah Trotter - Supported Internship Coordinator</p> <p>Jacob Richardson - Expert / Volunteer with Humberside Police Advisory Group</p> <p>Elaine Holtby - Team Manager, Carer Support Service</p> <p>Vicky Smith - Senior, Carer Support Service</p> <p>Shelly Horst - Parent / Expert / Success Centre / Tutor for NEETS(not in employment, education or training)</p>	

	Who couldn't come? <table border="0"> <tr> <td>Adele Rose</td><td>Rebecca (Rebz)</td><td>Cara Petch</td></tr> <tr> <td>Liane Kirk</td><td>Joshua Anderson</td><td>Rachel Benton</td></tr> <tr> <td>Angel Forsyth</td><td>Sue Wardill</td><td>Ryan Jewitt</td></tr> <tr> <td>Hayley Dowson (nee Grant)</td><td></td><td>Ankur Mehrotra</td></tr> <tr> <td>Gill Emerton</td><td>Jo Perry</td><td>Nicola Robinson</td></tr> <tr> <td>Natalie Sweeting</td><td>Kath</td><td>Jennifer Macneill</td></tr> <tr> <td>Tom Denham</td><td>James McDonald</td><td>Debbie Cahill</td></tr> <tr> <td>Elaine Holtby</td><td>James Stothard</td><td>Nell Burke</td></tr> <tr> <td>Rachel Ingham-Jones</td><td>Gill</td><td>Adrian Barnes-White</td></tr> <tr> <td>Carol A Ryan</td><td>Angela Kingston</td><td>Emma Peeps</td></tr> <tr> <td>Helen Vanson BSc</td><td>Paul Clapworthy</td><td>Nicola Robinson</td></tr> <tr> <td>Florence Tait (nee Cartwright)</td><td></td><td>Emma Greensmith</td></tr> <tr> <td>Lorraine Sanderson</td><td></td><td>Nadine Rhodes</td></tr> </table>		Adele Rose	Rebecca (Rebz)	Cara Petch	Liane Kirk	Joshua Anderson	Rachel Benton	Angel Forsyth	Sue Wardill	Ryan Jewitt	Hayley Dowson (nee Grant)		Ankur Mehrotra	Gill Emerton	Jo Perry	Nicola Robinson	Natalie Sweeting	Kath	Jennifer Macneill	Tom Denham	James McDonald	Debbie Cahill	Elaine Holtby	James Stothard	Nell Burke	Rachel Ingham-Jones	Gill	Adrian Barnes-White	Carol A Ryan	Angela Kingston	Emma Peeps	Helen Vanson BSc	Paul Clapworthy	Nicola Robinson	Florence Tait (nee Cartwright)		Emma Greensmith	Lorraine Sanderson		Nadine Rhodes
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	Welcome and Introduction Rani welcomed everyone and introductions were made to new members. No Conflict of Interests declared	Trish																																							
	Previous Minutes Previous minutes were shared and discussed before approval.																																								
  	ADHD Diagnosis and Treatment Pathway <ul style="list-style-type: none"> In East Riding and Hull, there is no special service for ADHD diagnosis and treatment. People are using a different way called the 'right to choose pathway'. Right to choose pathway <ul style="list-style-type: none"> This lets people choose a private provider for diagnosis and treatment. List of Private Providers <ul style="list-style-type: none"> A list is being made of private diagnosis and treatment providers which the GPs will hold. 																																								



Medication

- The muddle about medication, people's ages and diagnosis is being sorted out.

Adult Pathway

- There isn't a pathway for ADHD diagnosis is adults so one is going to be written.

Children's diagnosis

- Children with ADHD can be referred by their school, through the 'right to choose pathway', or by their GP. More work needs doing to understand pressures and factors for referring.

Functional Impact Criteria

- A new set of rules (criteria) is being made about how ADHD affects people. It is important to talk to the public about these rules.
- The public's ideas and thoughts will help make the rules better and more helpful.

Rani,
Michelle

Rani



Autism Voice feedback

Data and Life changes

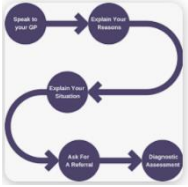





- The group talked about the need for better data on autistic people and the impact of life changes e.g. late diagnosis and transitions.

Workplace accommodations


- They talked about how important it is for reasonable adjustments, and others understanding differences e.g. sensory differences.

GP Visits

- The group shared bad experiences with their GP.
- No person-centred care.
- They need Health Passports to support them.

	<p>Diagnosis Pathway</p> <ul style="list-style-type: none"> • The group want a clear autism diagnosis pathway in a visual format. • This will help them understand the process and set their expectations. 	
	<p>Communication and engagement</p> <ul style="list-style-type: none"> • The group talked about connecting with people and have linked with the Parent Carer Forum and strategies. • To increase engagement Peter is trialling an internet 'real time' chat area. • We need data on the numbers of autistic people in East Riding and Hull. 	<p>Peter</p>
	<p>Oliver McGowan Training</p> <ul style="list-style-type: none"> • Jacob is interested in becoming an expert trainer. • Expert trainers and facilitators are still needed. 	<p>Trish, Peter</p>
  	<p>Autism Strategy</p> <ul style="list-style-type: none"> • Rani asked everyone about a foreword and introduction written by stakeholders. • The foreword could be written by one of the Councillors. • The Introduction could be written by experts with experience and /or the Co-chairs. <p>Neighbourhood approach</p> <ul style="list-style-type: none"> • This is when we focus on specific neighbourhoods to address the needs of autistic people. (Like the work that has been done in Bridlington with people with a learning disability). <p>Community Inclusivity</p> <ul style="list-style-type: none"> • We all spoke about how important it is for communities - services and businesses, to be more accommodating to autistic people. • Accommodation can be, quieter times, full lighting... 	

	<ul style="list-style-type: none"> • Peer support groups could help with this. 	
	<p>Actions</p> <p>Attendance List - Trish</p> <ul style="list-style-type: none"> • to update the attendance list and share with Rani, Co-chairs and Peter. <p>ADHD Pathway Public Information - Rani / Michelle</p> <ul style="list-style-type: none"> • produce a leaflet about ADHD medication and the new pathway. <p>ADHD Pathway engagement - Rani</p> <ul style="list-style-type: none"> • share the new pathway model with the board for feedback before public consultation. <p>Oliver McGowan Training Information - Trish, Peter</p> <ul style="list-style-type: none"> • share information about becoming an expert by experience trainer and facilitator. • Share the expert trainers network details to new recruits. <p>Autism Strategy Data Collection - Everyone</p> <ul style="list-style-type: none"> • Send any local information on autism - including from adult services, supported internships, employment, youth justice... to Rani for inclusion in the strategy. <p>Presentation Schedule - Trish</p> <p>9 October</p> <ul style="list-style-type: none"> • Michelle Field to present - Masking workshop 'the impact of masking and mental capacity on individuals' presentation'. • Rebs to present on transport about upskilling drivers. • Stagecoach - who, East Yorkshire buses - who, and East Riding of Yorkshire Council, Steve Mottershaw to discuss transport issues. • Rani to invite - someone from Primary Care to this meeting. 	

	<p>9 December</p> <ul style="list-style-type: none">• Adam to present -• Susannah Trotter to present - Internships• Anthony, (Public Health)to present - benefits of employing autistic people and the 'Live well, work well for employment'.• Worklink to present - How they support autistic adults into employment. <p>February (2026 dates to be confirmed)</p> <ul style="list-style-type: none">• Janet to present -• Lucy Todd (nee Pugh) to present - Educational Psychology.	
	<p>If you would like to ask or add anything, please contact</p> <p><u>inhouseprovision.projectteam@eastriding.gov.uk</u></p>	
	<p>NEXT MEETING'S</p> <p>Autism Voice - on Microsoft Teams, 1 October 2025 from 6-7:30pm</p> <p>Partnership Board</p> <p>When? - 9 October 2025</p> <p>Time - 1-4pm</p> <p>Where? - on Microsoft Teams</p>	