



East Riding of Yorkshire Learning Disability Partnership Board 28th February 2024



People who came to the meeting

Paul	Expert by Experience, Co-Chair
Rebecca Cole	Inclusion North, Chair
Angel Forsyth	Autism Engagement Officer
Conrad	Expert by Experience
Amy White	Public Health Programmes Team
Cara Petch	Service Manager – Learning Disability, Autism, Prisons and MAPPA
Tom Denham	Service Manager, Day Services
Sue Wardill	Employment Support Worker
Rani Rooke	Humber & North Yorkshire Integrated Care Board.
Sarah Oliver	Senior Officer, East riding Public Health
Elaine Holtby	Team Manager, Carers Support Service
Trish LeGrove	Operations Review and Project Officer
Jenny Measures	Development and Implementation Lead



People Who could not come to the meeting

Janet Smith	Public Health Lead, Older People
Peter Measures	Co-Production Lead
Liane Kirk	Strategic Lead – Adult Specialist Services



Actions and updates from last meeting

- **Using computers**

At the last Partnership Board meeting the Speak up group talked about using computers and if they could use them more. Could they have some support or training?

Angel had spoken to someone about funding to use computers, but this funding was only for people who are looking for work.

ACTION Angel is going to have a meeting with Richard to see if they can arrange something else.





- **Health Watch**

At the last meeting we talked about our concerns about transport and Carrie from Health Watch is going to tell us about some other work that is happening about transport.

ACTION Carrie will let us know at the next meeting

- **Fire Service – invite to meetings**

Janet was asking the fire service to come to the Board meetings. We all talked about fire, police, Nurses... coming to the meeting. Rob Danby, who is a Police Chief has been before.

We have invited different people to the meetings. They need to fill in a form with Inclusion North so that they can receive emails and invites.

ACTION how or who do we invite?

Trish could ask the Police Neighbourhood Policing Team. They are in Beverley and cover the East Riding. They will often send a Police Officer or a Police Community Support Officer from the area to meetings.

Trish also has contacts for the Ambulance.

- **Gary Ansell, (Principal Public Transport Officer) – Transport**

Gary came to the last meeting and talked about the bus passes and times we could catch the buses etc. We talked about the leaflets not being easy to read.

ACTION – check out with Gary how the information will be put in to easy read and involve Conrad as he volunteered to be photographed for new leaflets



- **Action Logs or a Tracker**

An idea was shared about making a plan to show who is responsible for any actions from the Partnership Board meetings. It will include when it will happen so that we don't forget what we have decided in our meetings.

ACTION – Create an action log



- **1-page profiles for everyone on the Board**

We have had these before and now there are some different people on the board.

ACTION – everyone on the board to have a one page profile



- **Oliver McGowan Training**

Rebecca asked if the board members had done the training.

ACTION everyone on the board should do the first training online, it is about an hour or maybe more.

Some people will need help to access the training. It includes some videos that some people will find upsetting. It will be good for people to have an opportunity of doing the training.



Tom told the meeting about the numbers of staff in health and social care that will need to do this training. It will take a long time for everyone to complete it and lots of discussions are taking place about how to do it.



Angel said that if any experts by experience want to take part in training other people, then they can be paid.



ACTION - We will need to invite Kath from Mathew's Hub to a meeting so that we can understand what role experts by experience will have if they want it.

- **Information being missed 'pushed under the carpet'.**

Paul was worried that sometimes we might receive letters we don't understand and not do anything about them. We might not have a staff helping us, or a friend to read letters with us.

We all talked about letters / information from the council being sent to us in easy read so that we can understand. Sent on coloured paper too if it helps us read better.

The Council and Public Health Teams have people to help, we just need to know how to ask for this help.

- **Preparing for Adulthood and changes in our lives**

Transition means change. We have lots of changes in our lives, when we are born, when we might go to a nursery, then we might go to school, we become an adult and we might go to college, or work.

Cara told us the council have a Preparing for Adulthood team, they support people from age 14 to 25 years old.

Futures + Team look at 4 different things – Health, Education, Accommodation and Employment. These should be talked about at every review a person has.

They can look at the 'what if's?', what if my parents are poorly and cannot help me? What if I am leaving school? What if I want to move house? What if I want to work?

Even if we don't have a social worker or any support, we can ask for a Care Act Assessment – not everyone knows this.

Getting older and what is important to us

We talked about being healthy and eating healthily.

Amy told us about bowel screening, this is a health check that we should have when we get older, it is a test that we must do at home, called a FIT test.

Some of us might not be able to read the information on how to do the test, we might need help but not have a support staff or family member.

Amy has been working with GPs so that they know who might need more support or easy read information.

Amy also has also put together some kits so people can look at them before they do tests.

We also talked about the different screening tests that we should have at different ages.

Rani said that in Bridlington not everyone was having their screening tests when they should, but this is much better than it was. GPs know who need support or easy read information.

Bridlington have been trying something different and when a person is due to have their health screen, they have their Annual Health Check too. Having them both together people have found this much more helpful.

Rani told us that some people with a learning disability are dying at a younger age and to stop this from happening they are looking at new ways of working.





- **Learning Disability Week 2024**

This year's theme is "Do you see me?" it is about being seen, heard and valued

Rani has been talking to groups called 'Fit Mums' who have walking groups in Beverley and in the south of the East Riding.

She has been talking to the Park run groups too. These are usually held on a weekend and are free. They run or walk in East Park in Hull, Costello Sports Centre and other areas. Some are accessible to wheelchairs, some aren't.

ACTION to look at running sponsored walk events at the start or end of Learning Disability week. We can join the groups and then we might want to join them at other times too.

Any other Business

- **Age Friendly Community**

Sarah said this was an action from Janet's notes.

ACTION Janet to explain at the next meeting.