



East Riding of Yorkshire Autism Partnership Board 17th July 2024 1pm-4pm



People who came to the meeting

Rani Rooke - CHAIR (Senior commissioning Lead manager Neurodiversity, East riding of Yorkshire Humber & Yorkshire Health and Care Partnership)

Angel Forsyth - Autism Engagement Officer

Peter Measures - Coproduction Lead

Patricia (Trish LeGrove) - Operations Review and Project Team

Cara Petch - Service manager, Learning disability, Autism, Prison

Hayley Grant-Prison and MAPPA Team

Paul Clapworthy - Senior Probation Officer

Ankar Mehrotra - Parent & member of the Parent / Carer Forum

Janet Smith - Public Health Lead-older People, Neurodiversity

Susan (Sue) Wardill - Employment Support Worker

Rebecca - Self advocate, Expert by Experience

Michelle Field- Neurodiversity Transformation Lead, Humber Teaching Trust.

People who could not come to the meeting.

Liane Kirk (Strategic Lead- Adult Specialist Services)

Natalie Sweeting - Strategic Lead for Accommodation and housing Related Support

Tom Denham - Service Manager, Day Services, Town View and New House

Jenny Measures - Development and Implementation Lead

Susannah Trotter - Supported Internship Coordinator

Symone (Sym) Tomlinson - Youth Community Engagement Officer

PC James Stothard - PC,2252, Community Police Officer (Withernsea)

Elaine Holtby - Team manager, Carers Support Services

Adele Rose - Day Service Officer, Digital Lead, Our Place

Emma Lillico - Health Watch

James McDonald - Parent and Lived Experience

Rachel Benton - Registered Manager, The Goddards

Kevin (Kev) Wright- Lived Experience

Emma Borg - Autism and Neurodiversity Lead, Criminal Justice Team, Yorkshire and the Humber
Hannah Brown - Preparing for Adulthood Co-Ordinator
Kath - Mathews Hub
Nicki Sparling - Deputy Director of Nursing & Quality (RMN), Deputy Caldicott Guardian
Adrian Barnes-White - Lived Experience
Carol A Ryan - Director of Adult Education, CASCADE
Emma Borg - Autism & Neurodiversity Lead, Criminal Justice Team, Yorkshire & Humber
Florence Cartwright - Family / Carer
Joseph Perry - Family / Carer
Debbie Cahill - Learning Disability Clinical Lead
Rachel Hoggarth -



Meeting Agenda

	Item
	Business Meeting
1	Welcome & introduction
2	Agree Min.
3	Review Action Tracker
4	Selection Co Chair
5	Feedback from Autism Voice and the Learning Disability Speak up Group
6	Feedback HTFT Michelle Field
7	AOB – Safeguarding overview Trish
	Workshop Session
8	Discuss and draft Term of Reference
9	Discuss the Strategy Learning Disability – BIG PLAN
10	Agree next workshop session
11	Date of next meeting



Previous Minutes

Minutes shared for review.

Review Action Tracker

See attached.

Talking about a new tracker that would show the date of the task, if it is done, waiting, and the date it gets done.

Action, Rebecca is happy to help Trish design this.





Venues - We prefer places in the centre. County Hall has parking problems, but we could ask the council for free parking at the back of the Treasure House.

We can use the Adult Education Centre on Coltman Avenue for free. However, the shiny white furniture and bright rooms might be hard for board members with sensory issues.

ACTION - Angel & Pete, with Experts to look at these venues, then feedback which we should hire / book.



Strategy - We are working on our plan and will have workshops to talk about it.

Promotions - We are talking to the comms team about ads. We are going to events and making posters to put in cafes, libraries, and shops.



Humber Youth Action Group - Angel is going to link in with them (Michelle has details).

Local Offer - We can advertise in there. Trish is going to follow up.

Smile Foundation - might be able to help us (Janet is sharing her details for them)



The Partnership Board title - Will stay the same for now. We will look at it again when we have more people on the board.

Oliver McGowan Training We want all board members to do the online learning. Police and Prison Services do not have to do it, but it would help them understand better if they did.

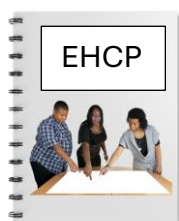
Few health staff are doing Tier 2 and 3 training now. This is because Wards need enough staff, and staff must finish the training in 6 months, which is hard.

East Riding Council have not yet started their Tier 2 & 3.

Action - Rani is feeding back to the ICB regards Health uptake.



There have been problems with how much Experts get paid. There is also talk about giving them vouchers for their work.



Oliver McGowan trained experts can talk to each other by chatting online about their jobs through the FutureNHS Collaboration Platform for Oliver McGowan online support. ACTION-Rebecca will share the link from the FutureNHS Collaboration Platform for Oliver McGowan support with Sue Wardill at Worklink.

EHCPs (Educational Health Care Plans) were talked about as parents thought they needed a diagnosis for an EHCP plan. This is not true. Help should still be given. To talk about this, we are going to invite Children's Services ACTION - invite Children's Services.

CRISIS FORM Rebecca is going to share this once it is finished and approved.

WORKSHOP We will talk about how to help parents understand what to expect. We will also share what we learned from the KIDS 'Cliff Edge' report at the workshop.



Selection of Co-Chair

Sym and Kevin want to be co-chairs. They will read about the job and if they still want it, they will tell us why at the next meeting. Action - Sym and Kevin to look at role and feedback next meeting

Update from Autism Voice

The group did not meet on Teams this month because they were busy with other things. Instead, they answered questions by email. They decided to ask Michelle about the autism and ADHD referrals service.

- What are the total number of referrals since the last meeting (e.g. in past 2 months)?
- Total number of referrals?
- How many assessments have been done since our last meeting?
- How many diagnoses have been given since our last meeting?
- How many referrals are for post-diagnosis e.g. sleep?
- How many ADHD referrals?

There was a discussion around waiting times and support available whilst people were waiting.

Michelle explained there is a high demand for services which is outstripping capacity.

HTFT (Humber Teaching Foundation Trust) are trying to address these issues. They have produced a document called 'Waiting Well' for families in East Riding.

ACTION - Michelle to share 'Waiting Well'.

Therese Rowling is working with Humber and North Yorkshire collaborative Autism and ADHD Strategy which will address how we manage the pressures.

They talked about how the minutes look. They like the pictures in the minutes and want to keep them the same for both groups. They are also happy with the photo symbols used.

They asked people to write their names and what they want to be called, like Expert by Experience or Self Advocate.

Action - Pete to share a form used by carers to outline the carers' role. We are looking to adopt this approach for the Autism partnership.

Autism Voice talked about a new idea for our plan. They asked, "If they made a new island, what would it look like?" - Autism acceptance / key common issues/ accessibility

- Diagnosis - better post-diagnosis for adults
- Suicide Prevention - Autism specific
- Social Opportunities - not just public services, autism acceptance / information / training sessions
- Sports Clubs / Shops / Cafes - not just for 'autism' hours
- More Peer Support / Meetings / Pre-arranged meet areas - not just in Hull!
- Public Transport



- Education, 1:1 if required, Autism Aware / time to complete tasks / practical education eg gardening, catering, animal care...
- Acceptance = understand anxiety / social anxiety
- Cinema - Cinema sessions should be later in the day. Sensory sessions should be at different times, not just when it suits the cinema.
- Singing - Support??



25% of the general population are Neurodiverse, the universal offer should be able to meet the needs of these people because they are not a minority, they are a quarter of our population.

** Prison statistic = 20-25% are neurodiverse. We need to look at how we have continuity of care when they leave prison.

ACTION - Pick up in the Strategy.



A real issue is about how reasonable adjustments are made to help neurodiverse people in our communities. This will be picked up as part of Inclusion by the Strategy. In the short term we talked about making a leaflet for businesses.

ACTION, Angel will work on a leaflet with the Autism voice group and link with Janet.



Autism voice had raised about their name not being Speak up as this links with an American controversial group.

ACTION - Angel to ask the Learning Disability Speak Up group if they want to change their group name

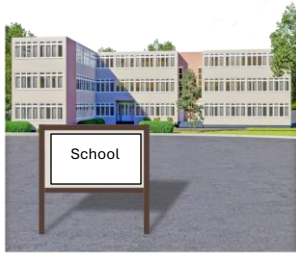
Michelle Feedback

It isn't possible to split the numbers into Hull and then East Riding.

- 253 Adults are waiting for assessment but none of these have waited longer than 52 weeks. They are being seen around the 6/7-month point of waiting
- 1010 children are waiting to be assessed. 272 of them have waited over a year. On average, they are seen at 70 weeks.



Autism / Mental health crisis for support.



7 schools in East Riding are assessing themselves. Parents are also doing their own assessments. They are getting 3 levels of help.

Level 1 = Awareness (KIDS are supporting) and adjustments in school

Level 2 = Understanding of specific areas (Educational Psychologists are giving emotional support) the Parent / Carer forum is working closely, and the Educational Psychologists and Health team are also working together.

Level 3 = Embedding, Schools are changing how they help students.



CRISIS / Mental Health (MH)

There is a plan to help people in crisis and those who need sudden care. There is strong home support. The plan also looks at stopping suicide, getting mental health help, and learning from past deaths.

There is a report in Oxford Autism that looks at autism suicides by parents. They are planning training and awareness sessions to help people understand and support these families better.

ACTION - We need to plan a workshop to talk about Intensive Home Support.

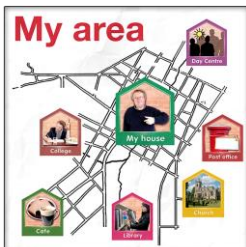


Workshop Theme today = Housing

Good housing, what does it look like?

In the East Riding, you can rent a home from a private landlord, buy a home, or rent from the Council.

When we look for social housing, we need to think about where it is and what is around it.



Preparing for Adulthood says we need training flats.

These are places where people can learn to live on their own.





Hayley told us that this is also important for people coming out of the Prisons.

Supported homes need to be self-contained and have help from Social Services, Health, and Specialist support.

The board talked about making it easier to apply for a council home. Forms should have a box for extra details.

From the children's side of moving out - the Local Authority helps. Carers visit the home, and a team supports the person living there.

We need to look at what we did before? If it went wrong, why did it? (Lessons learnt)

One way won't work for everyone. We are all different and will learn to live on our own.

See Autism+ Insight

Living alone has 2 parts: getting help in the community and being on your own in the community. We need to make a community, not just a home, and make sure everyone is included.

Angel has shared information to show adjustments for neurodiversity in her role.



We need to look at good housing ideas. There are different examples from parents and life plans in our area, like Beechwood Supported Living.

Action about Housing. The board could look at principles, create benchmarks, state reasonable adjustments... and look at the East Riding Housing Strategy (Janet smith has a copy)

Show homes - can be made to fit different needs. They can have special equipment and technology. We can talk to builders who make homes that are right for everyone.



Some families want to live together or with friends. But where can they do this? What do they need? The place they live in is important, but it should not feel like a separate, closed-off area.



ISSUE raised, When the Council office is closed, the telephone message says, "we are closed" and people hang up. They should wait for more information and talk to the out-of-hours team.

ACTION - Trish to try and get the message changed



CONFIDENTIALITY REMINDER: We might talk about personal things. These should stay in the meeting and not be written down.

Other issues AOB

Fees / Expenses

These are being discussed and reviewed but there are no decisions now.

Oliver McGowan training

The council wants all adult social care staff to finish their online learning.

One expert gave training, but only one person came, which is not



good use of money. This might be because training must be done within 6 months of doing the online learning.

ACTION - (Rani is feeding this back to ICB)



Next Meeting:

18/09/2024



@ 1-4pm



Hexagon Centre, Beverley HU17 9LP (Ensemble Room)