



**East Riding of Yorkshire
Learning Disability Partnership Board**



28th June 2023

10am – 2pm



People who came to the meeting

Rebecca Cole	Inclusion North
Janet Smith	East Riding Council
Peter Measures	East Riding Council
Conrad	Self-advocate
Paul	Self-advocate
Mandy	Self-advocate
Anthony	Self-advocate
Anna	Self-advocate
Neil Griffiths	Humber and North Yorkshire NHS
Robbie Crookshank	KIDS
Andy Lockwood	Hull Teaching Hospital
Sue Wardill	Worklink
Elaine Holtby	East Riding Council
Lianne Kirk	East Riding Council
Catherine Law	East Riding Safeguarding Adults Board
Jenny Measures	East Riding Council

People who could not come to the meeting



Carol Ryan	Cascade
Natalie Sweeting	East Riding Council
Jacob Cooper	NHS Humber Teaching
Matthew Spencer	East Riding Council
Emma Smith	East Riding Council



Welcome and Introductions

Rebecca welcomed everyone to the meeting.

Everyone introduced themselves.

We shared our group rules and how we want to work together.

Meeting agenda:

- Actions and updates from the last meeting
- Speaking Up Group
- Planning for the future – parent carers
- Co-production working together
- Better Lives project update
- Learning Disability Week
- Co-Chair presentations

Actions and updates from the last meeting

Janet talked to the IT department at East Riding Council about the best way to make an information directory for people with a learning disability.

Janet said information about health, services, groups and activities can be put on the East Riding Health and Wellbeing Website and the Your Life Your Way website.

Janet and the Partnership Board are going to share the information they have with the IT department so this information can be put online.

Rebecca and Sandy had a meeting with Rani to talk about the work Inclusion North has been doing on co-production and



stopping people from going into hospital when they don't need to.

Peter has invited Voice Ability to the next Speak Up Group meeting in August to talk about advocacy.

Nell shared the sexual health and relationship training workshop with Rachael who shared this with the group.



Speaking Up Group

The last Speak Up Group meeting was on Friday 23rd July 2023.



At the meeting the group talked about:

- Travel passes and when you can use your travel pass
- Sexual abuse and neglect
- Looking at other ways that people can join the Speak Up Group if they can't attend face to face
- things to talk about in the future like: self-advocacy, staying connected, communication and growing older
- Self-advocacy: how to make people feel confident and safe to share their ideas and have their voices heard
- Internet and computer skills: how people can be supported to get online and continue practicing this skill
- Problem solving and speaking up for yourself



Peter shared that Sue Wardill from Worklink got nominated at the Adult Social Care Achievement Awards, for the Social Justice Advocate Award for all the great work she does.



Lianne shared that the library department are going to be giving away free sim cards to help get people online. To use this free sim card people will need a smart phone or tablet.





Janet said library staff will support people to get online. Janet will find out if there is any internet training for people.

The group talked about ways to get more people involved in the Speak Up Group and Partnership Board :

- Share the Speak Up Group meeting minutes
- Have an activity like a disco or sports day
- Make a video to let people know about the Partnership Board and the Speak Up Group
- Share this video with daycentres, residential homes, colleagues and on the East Riding Council websites
- Share the Speak Up Group agenda before meetings with providers and individuals so people can share their ideas
- Share information about the Partnership Board and Speak Up Group at big meetings
- Ask for people's permission before filming

The next Speak Up Group is face to face on the **18th August 2023 at 1pm until 3pm at Worklink, Learning Resource Centre, Cottingham HU16 5YF.**

If you would like to go to the next Speak Up Group meeting please email Peter Measures peter.measures@eastriding.gov.uk or telephone 07866987824.

Planning for the future – parent carers

Elaine talked to the group about the work she has been doing with parent carers and planning for the future.

Elaine said parent carers are very worried as they want to know what support is in place for the people they are caring for, when they are not around anymore.



The group talked about what we can do as a Partnership Board to help parent carers plan for the future and said:

- Have a meeting with health colleagues and commissioning
- Use the patient passport to show the person's care for the future
- Have monthly sessions with parent carers and the carers advisory group to find out what people's worries are and talk about other things like money etc.
- Have information for people to explain what will happen when parent carers are not around
- Work better with children's services to find out what services they provide or do not provide
- Support families so that they have the opportunity to think about future care and give them skills and tools to cope

Elaine, Lianne and Andy are going to arrange a meeting to look at this work together and invite people with lived experience to be involved.

The group talked about fire training and giving people the opportunity to learn more about fire training and fire safety.

Catherine said that Humberside Fire and Rescue Service offer Safe and Well visits. Catherine said this could become a focused piece of work for parent carers and people with a learning disability.

Janet is meeting with a person at Humberside Fire and Rescue Service and will ask them about the Safe and Well Visits.

Neil is going to find out who the right people are from the Humberside Fire Service, Police Service and Ambulance Service



invite them to the Partnership Board and invite them to the Partnership Board.

Co-production - working together

Peter said that they want people, organisations and services to be more confident about co-production, so that people get the outcomes they want.



There is a co-production session happening on Monday 3rd July with workers in Adult Social Care to get people more confident about co-production.



Peter has been talking with KIDs, The Youth Parliament, T.Y.L.E.R (The Young Leaders of East Riding) and Loud Mouths in Hull to find out:



- what young people are interested in
- what are some of the barriers are that young people face
- how young people's needs can be met
- Supported internship
- How can people be included, supported and introduced to other services when they reach the age of 25



Peter and Robbie from KIDs are going to work together on some of this work.



Catherine said she is working on a service user engagement plan and would like to know more about the co-production plan and the pledge (promise).



Peter said the pledge (promise) is taken from the Making It Real, Think Local Act Personal. Beverley Compton wants to put this pledge (promise) in place for all Adult Social Care and the organisations it works with.

Stop Hello Eat
Words
Person Day Open



Neil said the parent carer forum have a co-production charter for parents of children with a learning disability. Neil thinks this might be a good starting point but some of the wording might need to be changed to include adults with a learning disability.

Better Lives project update

Simon Fenwick from the Better Lives Project was not able to join the meeting today.

Jenny Measures from the Better Lives Project gave a quick update and said:

- The project is still in the early stages
- They are doing lots of work with other teams in the Council
- They are working with Peter Measures to deliver co-production engagement sessions
- They are having lots of conversations with day service teams, residential teams and community teams to ask how people think the project is going and to find out how well the Better Lives Project is doing

Liane talked about how well the Better Lives Project is doing to look at the health needs of people with a learning disability.

Liane said Rani and other workers are working very hard.

The group decided they are going to put the Better Lives Project on the agenda for every Partnership Board meeting.

As the Better Lives Project continues, the Partnership Board will think about what things they want to find out about the project.



Peter and Paul are going to attend the group in Bridlington that was set up from the Living Well sessions, so Paul can meet the group and share his ideas.

Learning Disability Week



Peter talked about Learning Disability week and said the theme this year was all about myth busting.

It was a way to show what people with a learning disability can do, what people are good at, or what they are proud of.



Peter said he asked people to share their stories and he got some stories back from Worklink and CASE.



If anyone has any good news stories they would like to share with Peter please email peter.measures@eastriding.gov.uk or telephone 07866987824.



Rebecca talked about the Partnership Board supporting Learning Disability Week in 2024 and planning for when it happens.

Andy said during Safeguarding Week this year, there was a bus that went to lots of different locations and communities to share information with people with a learning disability.



Andy thinks it would be a good idea if people from the Partnership Board were on the bus next year, to tell people information about the Partnership Board.

Paul said there needs to be more buses put on for wheelchair users.



Co-Chair presentations

Rebecca shared the information that everyone received about the Co-Chair position.



Anna and Paul both did a presentation to the Partnership Board about why they want to be Co-Chairs.



Anna said having a learning disability does not matter, it is just a label.



Paul said playing pool and meeting lots of different people makes him stronger. Paul said if people want to play pool, there are people that can support you.



The group said Anna and Paul gave really good presentations and that they will make great Co-Chair's.



Rebecca is going to meet with Anna and Paul before the next meeting to do some training and offer support.






Any other business

Peter said it would be good to find out how people can get more involved in sports.














Conrad said the YMCA charity where he works have volunteering opportunities at their shops in Goole, Leeds and Hull. If you would like to apply or find out more, Conrad said you can go into the shop and ask for an application form.



  	<p>The next Partnership Board meeting is on Wednesday 30th August 2023 and will be face to face and online.</p> <p>Here is the meeting link.</p> <p>Join Zoom Meeting https://us02web.zoom.us/j/86318357022?pwd=K0kzYkIPeGVKZnMwSk9YTmVRbVA3dz09</p> <p>Meeting ID: 863 1835 7022 Passcode: 160856</p>
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Actions

	<p>Janet is going to make an information spreadsheet and share this with the partnership board to add information to.</p>
	<p>Catherine is going to share the Easy Read Fact Sheet with the Partnership Board for feedback.</p>
	<p>Janet is going to find out if there is any internet training to help people get online.</p>
	<p>Peter is going to share the Speak Up Group notes with Rebecca to share with the group.</p>
	<p>Lianne to share information about the Partnership Board and Speak Up Group at the meeting with commissioners of care and support. Lianne to check if providers/ commissioners can include anything on the information spreadsheet that Janet is putting together.</p>
	<p>Janet is having a meeting with a contact at Humberside Fire and Rescue Service and will ask Safe and Well Visits.</p>

	<p>Neil is going to find out the right contacts for the Humberside Fire Service, Police and Ambulance Service and invite them to the Partnership Board.</p>
	<p>Peter to invite Catherine to the co-production session on Monday.</p>
	<p>Peter to send Rebecca a copy of the co-production charter.</p>
	<p>Jenny Measures to send Rebecca a summary update on the Better Lives Project.</p>
	<p>Peter to share the myth busting stories with Rebecca.</p>

Useful Links

Planning For The Future

<https://www.togethertomorrow.org.uk/resources-and-information/>