



## East Riding of Yorkshire Learning Disability Partnership Board



**15<sup>th</sup> March 2023**

**10am – 12pm**



### **People who came to the meeting**

Rebecca Cole	Inclusion North
Jessica Nolan	East Riding Council
Jacob Cooper	NHS Humber Teaching
Janet Smith	East Riding Council
Catherine	Cascade
Alex	Cascade
Steve Gray	East Riding Council
Peter Measures	East Riding Council
Sue Wardill	Worklink
Catherine Law	East Riding Safeguarding Adults Board
Andy Lockwood	Hull University Teaching Hospitals
Liz Gibson	Family carer
Paul	Self-advocate
Lee	Self-advocate
Conrad	East Riding Council
Joy Johnston	East Riding Council
Rani Rooke	East Riding of Yorkshire Health and Care Partnership
Liane Kirk	East Riding Council
Cary Frost	Healthwatch East Riding

### **People who could not come to the meeting**

Councillor David Elvidge	East Riding Council
Angel Forsyth	East Riding Council
Zoe Stevens	East Riding Council



Alison Lingard

Family Carer

Cara Petch

East Riding Council

Jayne Wilson

Hull University Teaching  
Hospitals

Emma Smith

East Riding Council



## Welcome and Introductions

Rebecca welcomed everyone to the meeting.

Everyone introduced themselves.

Rebecca shared our group rules and how we want to work together.



## Meeting agenda:

- Actions and updates from the last meeting
- Speaking up group
- Good Lives: Relationships
- Transport



## Actions and updates from the last meeting

Natalie is going to check with the Community Learning Disability Team what information is available about relationships and keeping safe.

Joy is going to speak to Rani about the Annual Health Checks in Tipton.

Rebecca is going to share the Easy Read policy with the partnership board about how to support people to have relationships.



Liane updated the group to say that disabled bus passes can be used before 9:30am.





Liane thinks there should be more information to help people understand when they can use their disabled bus passes.



## Speaking Up Group

Peter said the Speak Up Group had their last meeting at Worklink.



At the meeting the group talked about:

### Relationships

- Jobs can help people to build relationships
- Having a disability can be a barrier to relationships
- Sometimes relationships can be difficult to manage



### Transport

- Not having good transport makes it hard for people to get to social events and have relationships
- Only being able to use bus passes after 9:30am make its difficult for people to have a job
- Direct bus routes would help people to travel on their own
- Train and bus cancellations makes it hard for people to travel
- Before Covid there used to be a lot more transport



### Living independently and setting boundaries

- The group are going to talk about setting boundaries with family members and living independently at the next Speak Up Group meeting



### The Red Disco and social events

- The Red Disco gives people the opportunity to make and build new relationships



- Since Covid the Red Disco event does not happen as much anymore
- Social events and activities that people can get involved in help them to make relationships, like looking after animals or pub quizzes

### **Easy Read Forensic Medical Examination paper**

- Catherine Law shared an Easy Read Forensic Medical Examination paper with the Speak Up Group to check

The group shared their feedback and said:

- People really miss night-time events
- There needs to be more opportunities for people to go to events, socialise and to feel connected
- Different organisations and providers could work together to set up different events and share these opportunities
- Areas could work together to arrange transport to get people to different events
- Covid does stop some events from happening, or events have to be done differently because of the risk of Covid
- It is important to understand how relationships change for people when they stop going to social events
- It is difficult to find accessible transport to take people to events all together
- It is important to understand what activities and events are already happening in communities, or how to make them happen and make them accessible
- Having a social coordinator would help to bring information about what social events are happening
- The partnership board could help to promote events and activities that are happening in areas



Jessica said the Red Disco know that people are missing the disco. The Red Disco are trying to get a good balance of putting on events but keeping people safe from Covid.



Janet is going to speak to the health and wellbeing team who work with the community development team to find out what events are already happening and what events can be made.

Sue said there needs to be a website that shows all the different events that are happening in the area.

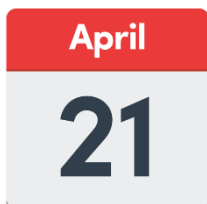


Janet said people can use the directory on the East Riding Council website to get information about events. These events also get put on the 'Your Life Your Way' website.



Jessica has talked to the new service manager at the council to find out how they can put on more events.

Janet said it would be a good idea to find out where we can hold all the event information and share this when campaign weeks or other events are happening.



The next Speak Up Group is on **Friday 21<sup>st</sup> April at 1pm until 5pm**. If you would like to go to this meeting please contact Peter Measures by email [peter.measures@eastriding.gov.uk](mailto:peter.measures@eastriding.gov.uk) or telephone 07866987824.

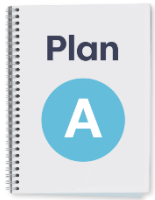


### **Relationships- what did we talk about at the last meeting**

Rebecca shared a presentation about what we talked about at the last meeting. See slides.



Jessica said she shared the supported loving website and got very positive feedback from people about the website.



## **East Riding of Yorkshire Council Better Lives Plan**

Steve Gray talked to the group today about the Councils Better Lives Plan to improve the lives of people with a learning disability and autistic people.

Steve talked about the work they are doing and said they are looking at:



- What services the council are offering and if they are the right services, for the right people, in the right area
- How services can affect other services in different areas
- Are the services what people want
- Do the services meet people's outcome
- What private and public day opportunities are available
- How far do people have to travel to get to services and how they can improve day opportunities
- How inhouse and residential services compare to the private sector and is it a good service
- How people can have more choice and control about their lives and where they want to live their lives
- Encouraging people to use Direct Payments to help people be more independent and choose how they want to spend their days, evenings and weekends
- Working with Mencap's pilot scheme to deliver Direct Payments
- Talking to other local authorities in Newcastle who use Individual Service Funds (IFS) to share learning
- Accommodation for people with a learning disability and autism, looking at residential, shared lives and supported living so people can have their independence but also be part of bigger communal areas







- Preparing for adulthood and getting accommodation right for people transitioning from children to adults
- Expanding shared lives and the offer with day services, respite or longer-term opportunities
- Expanding the Worklink Offer from two areas to the whole county
- Supported and meaningful holidays for people in supported living that people choose themselves
- Reviewing packages of care and situations in supported living to make sure people are safe and supported
- How sensory impairment affects people's lives, what services are there and can they be improved
- County lines to encourage more people to take up direct payments and understand the risks people might face in the community
- Working closely with carers to get carers views and wishes
- Community connections to make people feel like they belong to their local community

Steve said they want to use the partnership board or a subgroup from the partnership board to get people's feedback about the work they are doing.

Steve will keep sending updates to the partnership board about this work they are doing.

### **Any questions?**

Cary's asked Steve if they will get feedback from family carers because sometimes what people want and what family carers want from services can be different.

Steve said they will be speaking to family carers to get their feedback.



Rani asked if mental health can be included in this work looking at how mental health affects people and their physical health.

Steve said they are working with health services to make sure mental health is included in the work they are doing.



Rebecca asked if people can learn about what Direct Payments are and how people can use Direct Payments.

Steve said they are doing work with Mencap to make information in easy read about Direct Payments.



Sue asked how the council are coping with not having enough social care employees and carers.

Steve said they are looking at this and want to improve the job offer so more people want to do these jobs.



Liane said money is a barrier for people coming into these jobs and campaigns are a good way to get people into these jobs, like the TRUVE Care and Recruitment campaigns.



Jessica said social care needs to change how people see these jobs. Working in social care is not all about the money. People go into care jobs for lots of different reasons.



Rebecca said it might be a good idea to make some short films with carers about why it is good to be a carer.

Jessica said there is a private care agency that made a brilliant film to show the difference that carers make to people's lives.

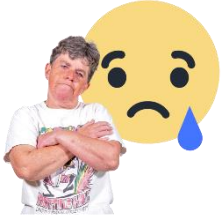


Jessica said the local authority should promote the good work they do and include the voices of people who use services.





Liane said Tina Tate is working with a media company to make positive films about the adult social care sector, so it might be a good idea to invite Tina to this meeting.



Sue said as a parent, it is very difficult for people when there is always different staff coming in and out. The person being looked after finds so much change difficult and does not have a voice about how they are being looked after.



Liane is going to take Sue's comments and feed them back to the Director of Adult Social Care and the other Directors at the Council.



Rebecca asked the group if people, being cared for, are involved in the recruitment of new staff.

Alex said people at Cascade are involved in recruiting new staff and enjoy being part of interviews.



Carys said there are problems with the home care sector and adult social care sector because companies do not pay staff for the time in between when they travel to clients.

Rebecca said it is important to keep sharing feedback like this as the Better Lives work is happening, so changes can happen.



Jessica said it is good they are encouraging direct payments but there needs to be governance around this and for it to be a good service for individuals. Local authorities need to be responsible for this.



## **Transport**

Rebecca asked the group the following questions.



## 1) What public transport do you use and why?

The group shared their feedback and said:

- Bus
- Trains
- Taxis'
- Taxis' in an emergency as it is quicker than an ambulance
- To visit family and friends
- To go to work
- To see sights and different places
- For health appointments
- To go to college
- People have to mix and match transport when there are strikes

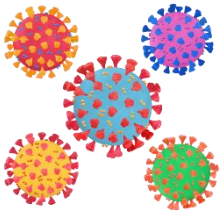
## 2) How does transport help you in your day-to-day life?

The group shared their feedback and said:

- Helps you get to work
- Helps you to socialise with friends and visit family
- Supports you to get to meetings
- Helps you to do the things you want to do
- Helps you to get around when you don't drive
- Gives you independence, freedom and choice
- Some people travel for therapeutic purposes or sensory purposes, travel can be a very important part of their day

## 3) Is there anything that stops you from using public transport?

The group shared their feedback and said:



- More direct bus routes are needed
- Sometimes buses never turn up
- It can sometimes be awkward to walk to the bus stop
- Bus timetables change all the time
- In summer there are more buses than in winter
- Covid has stopped some transport being available
- Transport strikes interfere with people's travel
- Sometimes roads are blocked and people can't travel anywhere
- People have to pay taxis to take them to bus stops because they are too far away to walk to
- People are being placed in supported housing that are not near a bus stop
- Only being able to use your disabled bus pass in set times means people have to pay for travel themselves
- Most of the time there are no bus shelters so people have to stand in the cold and rain and there are no seats for disabled people
- Sometimes people feel anxious about travelling, they might lack confidence or the skills to travel
- Family members get anxious about their family member travelling on their own
- Do bus drivers have the training to support people and understand accessibility

Rebecca is going to send this feedback to Gary Ansell at the council.

Futures Plus is going to be starting their travel training again soon.

### **Partnership Board Co-Chair Opportunity**

Rebecca has not received any applications for the Co-Chair role for the partnership board.



Rebecca said Inclusion North will give training for people who want to do the Co-Chair role.



If you would like to apply to be Co-Chair for the partnership board, please send an application form to Rebecca [Rebecca.cole@inclusionnorth.org](mailto:Rebecca.cole@inclusionnorth.org)



Rebecca asked the group to share the Co-Chair opportunity wider.

### **Any other business**



Conrad said that the Red Nightclub is on **Thursday 6<sup>th</sup> June** and Red Nose Day is on the **17<sup>th</sup> March**.



Catherine is doing work to make an easy read story about abuse, self-neglect, domestic abuse and money scams.



Rebecca reminded the group about the Right To Vote Campaign that is happening in April.



Rebecca said Our Place website have been in touch to ask for the partnership board notes. Adele who used to do this has now left.



The next Partnership Board meeting is online on **Wednesday 10<sup>th</sup> May and will start at 10am and finish at 12:30pm**.











Here is the meeting link.



### **Join Zoom Meeting**

<https://us02web.zoom.us/j/81970156253?pwd=cm9UcVNiR1FZc0dZTG5xcHV0KzM0dz09>  
 Meeting ID: 819 7015 6253  
 Passcode: 521711

**Actions**

	Jessica is going to send information about bus passes with Rebecca to share with the group.
	Janet to send Rebecca the link to the directory on the East Riding Council website to share with the group.
	Carys to contact Steve about getting feedback from family carers for the Better Lives Plan.
	Rebecca to send transport feedback from the group to Gary Ansell.
	Rachael to send Paul information about the next Living Well Session.
	Joy to send Rebecca information about what ID people to vote to share with the group.
	Steve to send Rebecca the vision board for Better Lives Plan when it is ready.
	Peter to introduce Catherine and Stephanie Walker. Stephanie is looking for accessible information and is developing E Learning training for staff.

**Links**

**Supported loving website**  
<https://www.choicesupport.org.uk/about-us/what-we-do/supported-loving>

**Voting and what ID is needed**  
[VOTING NOW REQUIRES PHOTO ID - ACCEPTED FORMS OF ID](#)