

'In the Humber we want autistic people and people with a learning disability to lead happy and healthy lives in communities where skills, strengths and talents are recognised and valued by all"



#### What are Transforming Care Partnerships?







- Transforming Care Partnerships are made up of clinical commissioning groups and local authorities
- They work together to make health and care services better so that more people can live in the community, with the right support, and be close to home

#### How was the Big Plan put together?



Inclusion North supported the Humber Transforming Care Partnership by bringing people together from across the 4 Humber areas:

- North East Lincolnshire
- North Lincolnshire
- East Riding of Yorkshire
- Hull

### Who was involved?



The group included:

- Autistic people
- People with a learning disability
- Family carers
- Members of the Humber Transforming Care Partnership

They called themselves – The Making a Difference Together Group

### The Humber Big Plan



Here is a list of all the things that the Making a Difference Together Group said are important for people to have a good life:

- Self-advocacy
- Housing
- Information
- Training and education
- Transitions
- Children & young people



- Services & support in the community
- Health & care
- Getting a job
- Wellbeing
- Involvement and co-production
- Transport

All of these have been included in the Humber Big Plan

#### Why is the Big Plan important?



#### Building the right support

A national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition



There is national guidance called Building the Right Support. It says that:

Children, young people and adults with a learning disability and/or autism have the right to the same opportunities as anyone else to live satisfying and valued lives, and to be treated with dignity and respect.



They should have a home within their community, be able to develop and maintain relationships, and get the support they need to live healthy, safe and rewarding lives.



- The Humber Transforming Care Partnership is already working on lots of different areas of work so that people with a learning disability and autistic people have a good life
- The information in the Big Plan will be included in the other plans for Humber Transforming Care Partnership

#### https://humbertcp.co.uk/

#### Other work



There are some things in the Humber Big Plan that do not come under the work of the Transforming Care Programme.

It has been agreed that these will be shared with the 4 local authorities within the Humber area. This includes work needed around:

- Transport
- Transition, children and young people
- Getting a job (employment)

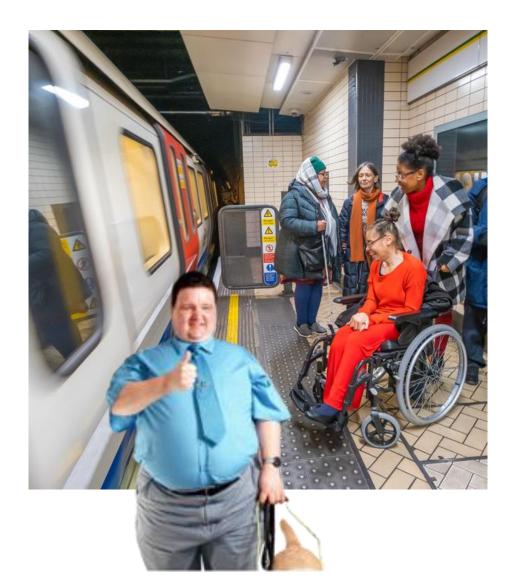
#### East Riding Learning Disability Plan (strategy) You, your health, and us

Improving and supporting personal, community and system resilience in the East Riding



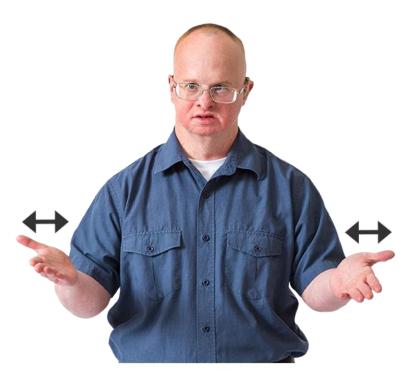
Personal Resilience Community Resilience System Resilience

#### What would help to make transport better:



- Independent Travel Training sessions to support people to use transport
- People supporting people rather than signs so that people can ask for help if they need it
- People with lived experience involved in transport plans
- Training for bus drivers and other transport providers
- Accessible transport

### Students also talked about some of the barriers to employment:



Where?

- I don't know how to organise Access to Work, I need an interpreter to help with this. I don't know how to do this
- There doesn't seem to be an organisation who can help me with this:
  - Where do you go?
  - What do you do?
- In the deaf world it is hard
- Access to Work is not easy
- People need support in the interview process
- I don't know how to apply for a job, but I know I want a job in construction

#### Feedback from East Riding Learning Disability Plan



# Services and support in the Community (Health & Care) - what did people say?



- More support and services for people in the community to help stop people getting to crisis point
- Crisis services and plans in case of emergencies
- The right support when people need it and it should be available to everyone
- To support people to have control again and make their own life choices

# Services and support in the Community (Health & Care) - what did people say?



- Services and support organisations to take more time with people at the beginning of their journey
- Safe spaces for people in crisis
- Information and advice to prevent people from getting into crisis
- To share best practise and understand how other areas are working

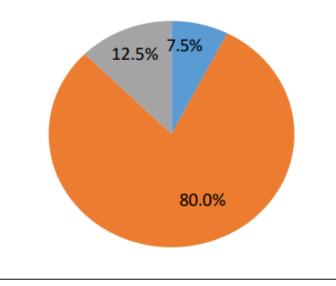


#### **Community Life**

We asked you

Do you think people with a learning disability are at the heart of the community?

80% said No
12.5% said Yes
7.5% not sure



### Things for the Partnership Board to think about



- What do you think is most important to people with a learning disability to have a good life?
- What do you think we should focus on first?
- How do we find out about the work that is happening to make things better for people with a learning disability in East Riding?
- How do we celebrate the good stuff?