



Department
of Health &
Social Care



Our plan to make Building the Right Support happen

Building the Right Support is about making sure that people can live in the community with the right support instead of mental health hospitals.





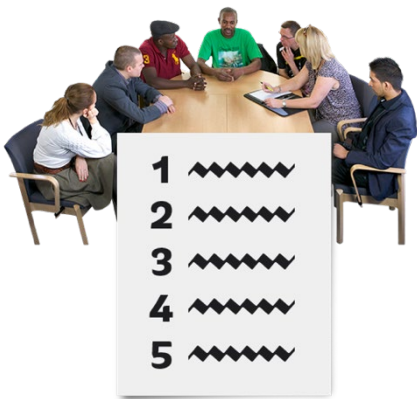
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About this plan



We are the government and other organisations.



This plan is about how we will make **Building the Right Support** happen.

Building the Right Support is a big piece of work that the government and other organisations are doing together.



It is about supporting more people with a learning disability and autistic people to have the life they want in the community.



At the moment some people with a learning disability and autistic people stay a long time in mental health hospitals.



Building the Right Support is about supporting more people with a learning disability and autistic people to leave mental health hospitals.



Many people with a learning disability and autistic people have already left mental health hospitals.

But we want even more people to leave by March 2024. So we still have more to do.



Building the Right Support is about making sure that people can live in the community with the right support instead of hospitals.



This plan brings together work that lots of different organisations are doing on Building the Right Support.

Each organisation is clear on what work they must do for Building the Right Support. And when they must do the work by.



We have found out a lot more since our last plan about Building the Right Support.

That means we had better and more up to date information to help us make this plan.



This plan is about better support for people with a learning disability and autistic people of all ages.

That includes children and young people.

We want this plan to be used by many people.

We want it to help really change things for people with a learning disability and autistic people.

We will work together to make sure that happens.



The rest of this plan talks about some of the main work we will do on Building the Right Support.

We have written some of the main things we will do **in bold**.

Part 1.

Making sure that people get very good and safe care



That means health care from people like doctors and nurses.

It also means social care. That is support from staff to do important things like live at home, get dressed or cook food.

The main things we will do

Some people with a learning disability and autistic people get care in mental health hospitals.

People with a learning disability and autistic people in the hospitals should be having regular meetings about their care.

The meetings are called Care (Education) and Treatment Reviews.



The meetings look at:

- The person's care in hospital and how to make it better and safer
- What the person in hospital wants now and in the future
- How soon the person can leave hospital so they are not there too long



People who do not work at the hospital will look at the person's care in the meetings.

We will look at the rules about what happens after the meetings to make them work better.



Some people get care away from other people while they are in hospital.

For example, they might get care in a separate room to other people.

That might be to keep them or other people safe.





We want to stop people getting care away from other people where possible.

That is because it can be bad for some people.

People who get care away from other people will get support to move to other parts of the hospital.

Or they will get support to leave hospital.

We want people with a learning disability and autistic people to have a big say in decisions about their care.

We will look at what support people get to speak up and have their say.

People called advocates can support people to have their say.

There will be checks to make sure that people with a learning disability and autistic people in mental health hospitals are healthy and are getting good care.

That means safe care that helps people to have a good life.





The checks are called Safe and Wellbeing Reviews.



The checks will happen for people who were in mental health hospitals on 31 October 2021.



We will make sure that staff who work with people with a learning disability and autistic people get the right training.

That will help them to give people the best care.



We will share information with health and care staff about the best ways to keep people safe.

Part 2.

Making it easier to leave mental health hospitals safely and at the right time

This is for people with a learning disability and autistic people who are ready to leave hospital and live in the community.

The main things we will do

We will give local councils in England some extra money.

The extra money will help them to move people with a learning disability and autistic people out of mental health hospitals more quickly.

And to make sure that people have the right support ready for them in the community.

People with a learning disability and autistic people will have a plan about their care and support.





The plan will help to stop people going into mental health hospitals unless they really need to.

And it will help people to leave hospital as soon as they are ready.

The person getting care and support should help to make their own plan.



Some people have to stay in mental health hospitals by law.

We will make it easier for them to leave hospital.

If it is safe for them to leave.



We will look at support for people who are in contact with the police, courts and prisons.

For example, if the police think they have done a crime.

We will look at how the support is working at the moment.

We will make a plan about giving people better support.

Part 3.

Living in the community

The main things we will do

We will find out what local support works best for people.

We will ask people what they think support should be like.

And we will look at some good examples.



We will carry on with a project that helps people to get support from small, local organisations.

That is good because the organisations can really get to know people. They can support people to live the way they want.



We will help to get better housing in local areas for people with a learning disability and autistic people.





There are some people who buy health and care services for people with a learning disability and autistic people in their area.



These people will soon have to do more to help people stay out of mental health hospitals.

That includes checking if some people need extra support to help them stay out of mental health hospitals.

There will be changes to the mental health law to say that.



We will make sure that people who buy health and care services have the right information and training.

That will help them to buy the right support services for people.



We will support more people with a learning disability and autistic people to get paid work and to learn important skills for work.

Part 4.

Making sure that children with a learning disability and autistic children have the best start in life

The main things we will do

We will make it quicker and easier for people to find out if they are autistic and to get the support they might need.

Children with a learning disability and autistic children might need extra support at school.

The government is working on big plans to give these children and their families better support to help them do well.

For example, better mental health support and short breaks for families.

We will support more teachers and education staff to get training about autism.



Part 5.

Other work to make support services better



We have big plans about making care and support for adults better in the next 10 years.



We want to help staff from health, education and care services to work much better together.



That will help people to get all the support they need without big problems.

It will also help people to live the way they want to in the community.



We are working to make sure that the money for people's support is used in the right way.

Part 6.

How we will make this plan work well

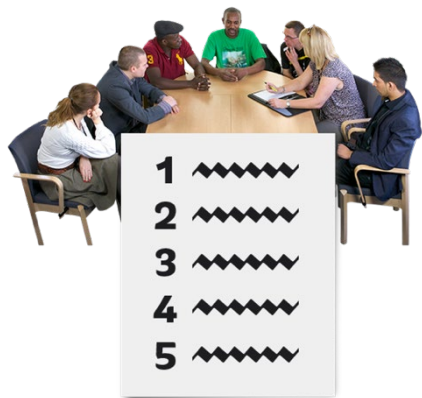


There is a government person in charge of Building the Right Support.

She is called Gillian Keegan.



Gillian's job is Minister of State for Care and Mental Health.



A group of people from the government and other organisations are making sure that this plan happens.

They are called the Building the Right Support Delivery Board.

They will work together to make sure that this plan goes well.