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|  | ***Learner Resource*** |
| **Recording Skills**  **for the**  **Independent Care Sector** | |

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## Introduction

Welcome to for Recording Skills for the Independent Care Sector. This course will enable you to develop your knowledge and skills to ensure everyday good practice relating to record keeping and case recording procedures for Adult Services are upheld.

This learner resource is to be used as part of the leaning process. Within this learner resource you will find information, activities and direction to further help or information.

# General Principles of Recording

## Activity 1

|  |  |
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| Legislation & Procedures we are governed by? | *Activity*  Write down the reasons why we keep records, what type or reports and records we generate and also the legislation and procedures we are governed by.  Why do we keep Records?  Reports & Records we produce? |

# Objective and Subjective

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|  | *Information*     * **Objective = unbiased** * **Subjective = risk of bias** |

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| --- | --- |
|  | *Information*    **The difference between Fact and Opinion.** |

# Fact and Opinion

## Activity 2

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | *Activity*  **Distinguishing Fact and Opinion**  Consider each of the statements below. For each one decide whether it is a *Fact* or an *Opinion.*  Then have a go at rewriting each statement that you feel contains an opinion in a way that makes the difference between fact and opinion clear.  When rewriting the statements, think about (and give examples of) how you might substantiate your professional judgement/opinion.   |  |  | | --- | --- | | Statement | Fact or Opinion? | | 1. Being alone at home is depressing Jim. |  | | 1. Alan said his daughter slapped him. |  | | 1. On the last visit the living room was not safe for Mrs Smith and she is at a high risk of falls. |  | | 1. Jenny is very contented. |  | | 1. Pat has an unusual appetite (she has two Kit Kats with her breakfast every day). |  | | 1. George has suffered skin breakdown. |  | | 1. Harry has poor mobility |  | | 1. There are no current concerns regarding Anna’s weight. |  | | 1. Stuart has had multiple falls. |  | | 1. Joyce wants to manage her own medications. |  | |

# Retentive Memory

## Activity 3

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|  | *Activity*  You have a minute to write down as many of the images you can remember from the slide at the beginning of this course… No cheating, wait for the start prompt from your tutor! |

# Involving Service Users in Recording

## Activity 4

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|  | *Activity*      How do we involve service users and carers in recording?  How do we ensure that the wishes and feelings of service users and carers are recorded?  Please write down all the ways in which you can involve service users in all aspects of their care. |

# Abbreviations and Acronyms

## Activity 5

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | *Activity*  Write what you think these abbreviations or acronyms are.   |  |  | | --- | --- | | DN |  | | HV |  | | T/C |  | | MCA |  | | CA |  | | MH |  | | SW |  | | SWS |  | | AMHP |  | | VARM |  | | PIP |  | | DLA |  | | LD |  | | NFA |  | | DP |  | | CQC |  | | PEA |  | | DOLS |  | | BIM |  | | OPG |  | | COP |  | | KLOE |  | | AA |  | | LPA |  | | SALT |  | | EOL |  | |

# Activity 5

## Good and Bad Recording

Read each of the 5 records and decide if you think they are a good or bad written account. In the third column write down anything you feel would make the recording better.

Remember the key aspects of good recording should always be: **Factual, Non-judgemental, person centred, use supporting evidence where possible, clear to understand, professional, no abbreviations.**

|  |  |  |
| --- | --- | --- |
| **Written Record** | **Good or bad recording?** | **Is there anything you would change or add to make it better?** |
| *Mary had problems using the toilet today. Got dressed and then did an activity in the lounge.* |  |  |
| *Joe ate his lunch today but looked like he was struggling with it.* |  |  |
| *Doreen’s house is a mess and needs tidying up as it is a trip hazard.* |  |  |
| *George can be sexually inappropriate with female staff and they need to be watch themselves.* |  |  |
| *Spoken to William’s family member and they said they will visit later.* |  |  |

# Helpful Resources and Information

|  |  |
| --- | --- |
|  | *Information* Grammar and Vocabulary  1. Verbs HAS to agree with their subjects. 2. And don't start a sentence with a conjunction. 3. Avoid clichés like the plague. (They're old hat.) 4. Also, always avoid annoying alliteration. 5. Be more or less specific. 6. Parenthetical remarks (however relevant) are (usually) unnecessary. 7. Also too, never, ever use repetitive redundancies endlessly over and over again. 8. No sentence fragments. 9. Foreign words and phrases are not always apropos. 10. Do not be redundant; do not use more words than necessary; it's highly superfluous and can be excessive. 11. All generalizations are bad. 12. Comparisons are as bad as clichés. 13. Don't use no double negatives. 14. Avoid excessive use of ampersands & abbrevs., etc. 15. One-word sentences? Eliminate. 16. Eliminate commas, that are, not necessary. Parenthetical words, however, should be enclosed in commas. 17. Never use a big word when substituting a diminutive one would suffice. 18. Don't overuse exclamation points!!! 19. Use words correctly, irregardless of how others use them. 20. Use the apostrophe in it's proper place and omit it when its not needed and use it correctly with words' that show possession. 21. If you've heard it once, you've heard it a billion times: Resist hyperbole; not one writer in a million can use it correctly. Besides, hyperbole is always overdone, anyway. 22. Puns are for children, not groan readers. 23. Go around the barn at high noon to avoid colloquialisms. 24. Who needs rhetorical questions? However, what if there were no rhetorical questions? 25. Exaggeration is a billion times worse than understatement. 26. Avoid "buzz-words" or jargon; such integrated transitional scenarios complicate simplistic matters. 27. People don't spell "a lot" correctly alot of the time. 28. Each person should use their possessive pronouns correctly. 29. Proofread carefully to see if you any words out. 30. The dash - a sometimes useful punctuation mark - can often be overused - even though it's a helpful tool some of the time. 31. Proofread carefully to make sure you don't repeat repeat any words. |

# Websites

[Clutter Image Ratings - Hoarding Disorders UK](https://hoardingdisordersuk.org/clutter-image-ratings/)

Hording Disorders UK – Shows Clutter image ratings.

[Social care recording - SCIE](https://www.scie.org.uk/providing-care/recording/)

Social Care Institute for Excellence website

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# PARTNERSHIP Model

This is a tool that can help support you with your recording skills.

P – **Person centred**. Try to make your recording as person centred as any other part of your practice.

A **– Accurate**. Be clear what you are recording using accurate language that will not be misinterpreted.

R **– Real**. Record the positives and the negatives in a appropriate way.

T **– Timely**. Ensure that recording is done as soon as possible to avoid missing any details.

N **– No jargon**. Keep it simple with no abbreviations. It may seem quicker but they can be interpreted into anything.

E **– Evidence based**. Ensure what your writing is factual with supporting evidence such as observations.

R – **Reading the previous record**. Understanding what has previously been recorded can help support you with the individual.

S **– Succinct**. As recording is ongoing, make sure that you detail the correct information well, this will save repeated recordings.

H **– Holistic**. There will be many different professionals that may need to read what you have written. Ensure all information is in the same place for easy to read and access of reports, assessments etc.

I **– IT complaint**. Nearly all services us digital platforms to record information, it is important that you are able to use them appropriately.

P **– Professional**. We all do a profession job no matter where you work and your recording is a reflection of this.

## For further guidance and assistance with any issues regarding record keeping, please contact your line manager/supervisor.



**Recording Skills Learner Resource**

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